

Family Medicine: Anchoring Patients and Communities

"Learn from yesterday,
live for today, HOPE for tomorrow..."
-Albert Einstein



2023 FMEC Annual Meeting PROGRAM

FAMILY MEDICINE
EDUCATION CONSORTIUM, INC.



October 13 - 15
Rhode Island Convention Center
One Sabin Street, Providence, RI 02903-1814

Primary Care Careers



You belong here. Find out why.

WellSpan is currently seeking board-certified/board-eligible Family Medicine physicians to join our exceptional teams in South Central Pennsylvania and northern Maryland.

Our physician-led medical group is 2,000 strong and Working as One to provide exceptional patient-centered care. At WellSpan, you'll find leadership with a bold vision to push innovation in every aspect of our operations; a focus on data-driven decision making to improve patient care; and a collaborative team culture that embraces diversity in people and ideas.

When you join WellSpan as a Family Medicine physician, you'll experience:

- 100% outpatient Primary Care with an excellent call schedule.
- A choice of practices in suburban, rural and urban areas.
- Excellent resources, such as health coaches, behaviorists and medical assistants, as part of our care team.
- DAX (Dragon® Ambient eXperience), an artificial intelligence scribe that listens to the patient visit and generates a clinical note into the Epic EHR for you.
- Work/life harmony to ensure you're there for the moments that matter in your life.
- Our beautiful Pennsylvania location boasts easy access to nearby metropolitan cities and recreational activities for you and your family, including:
 - Hiking, biking, camping and skiing
 - State parks and historic sites
 - Family entertainment, events and concerts
 - Antiques, boutique shops and farmers markets

Be a part of our innovative team working to keep our communities healthy. If you are a physician who is passionate about the patients you serve, the work you do and the team that surrounds you, let's talk!

WellSpan benefits are exceptional. Connect with us today to explore opportunities and learn more at JoinWellSpan.org/PrimaryCare.

For more information contact:
Cris Williams, Physician Recruiter
WellSpan Health
cwilliams9@wellspan.org
(717) 812-4487



Let's talk about where you'd like to go in your career and what it will take to get you there — by joining us here at WellSpan.

JoinWellSpan.org/PrimaryCare





We invite you to share our Annual Meeting with others and tell them what you like about the FMEC!

#FMEC2023
X : @FMEC
 (formerly known as Twitter)
Facebook: fmecinc
Instagram: fmec_inc

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From the FMEC President

Welcome to the FMEC Annual Meeting! We are so excited to gather and renew our commitment to the health of our nation by anchoring ourselves in the principles of primary care through service to our patients and communities. In convening our community, we reinforce the importance of our educational mission to support our teachers of Family Medicine while nurturing the development of the Family Physicians of Tomorrow.

Providence is an amazing city in New England with all the charm of a small town combined with the cosmopolitan atmosphere of a big city. This meeting offers preconference activities that focus on individual clinical skill development and training on meeting new ACGME requirements for learning collaboratives. As always, we will have robust educational offerings through seminars, workshops, and poster sessions. We are excited to offer inspiring and provocative plenary sessions addressing issues of belonging and inclusivity, health care access and understanding your purpose in Family Medicine. This conference will also host our largest ever Residency Fair, supporting the idea that the future of Family Medicine is bright! In addition to enjoying our amazing conference experience we hope that you appreciate the richness of this city's spectacular restaurant scene, and vibrant arts community.

The "magic" of this meeting is its ability serve as a platform to gather like-minded individuals committed to strengthening family medicine and focusing on the health and well-being of the communities we serve. The FMEC welcomes the opportunity to partner with you to realize the full potential of Family Medicine!

Leon McCrea II, MD, MPH, FAAFP
Drexel University College of Medicine
Philadelphia, PA



2023 FMEC Board of Trustees

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Drexel University College of Medicine
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Harrisburg, PA



From the 2023 Host Committee

Family Medicine: Anchoring Patients and Communities!

On behalf of the 17 family medicine residency training programs from 6 states represented on the Host Committee, we are excited to welcome you to Providence, RI and the greater New England area.

This year's theme was chosen to recognize family medicine as a stabilizing force, or "anchor," in healthcare in the United States. The theme also metaphorically honors our conference hosts in the Ocean State. All hands on deck as we set sail for a great Annual Meeting in Providence!

By staying secure in the ocean floor, an anchor serves to steady a boat in both calm and choppy waters. The anchor stabilizes the boat during heavy winds, incoming waves and tides. Anchors can be temporary or fixed but can be moved in the midst of changing conditions.

Family physicians serve as anchors in their medical schools, mentoring and guiding students as they wade through their clinical training. Family physicians also care about learners' and colleagues' well-being and help residents, faculty and students develop skills to drop anchors during stressful times and promote long-term personal wellness. Family physicians shore up patients during vulnerable times, providing care to parents and newborns as a dyad, assisting in transitions of care from hospital to home and sitting bedside at the end of life. Family physicians care for humans in utero and throughout the entire lifespan, charting a course for compassionate care through both the smooth sailing and the turbulent storms of life. As social and racial disparities abound, family medicine remains anchored in the biopsychosocial model of care that promotes high quality, equitable care.

Through the telescopes that we use in family medicine, we focus on individuals and their health conditions. We change lenses to see our patients as they need us to, interpreting health care needs in the context of their resources and communities in which they live. From our anchored position as the foundation in medicine, family physicians are uniquely suited to help families and communities chart a course for optimal health despite the changing seas of healthcare.

2023 Annual Meeting Host Committee

Boston Medical Center

Department of Family Medicine

Suki Tepperberg, MD, Program Director

Brown University

Fadya El-Rayess, MD, Program Director

Caroline Richardson, MD,

Department Chair

Julie Scott Taylor, MD, MSc, Faculty

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Family Medicine Residency

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Associate Program Director

Eastern Connecticut Health Network

Remi Mathews, MD, Program Director

Howard (Andy) Selinger, MD,

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Greater Lawrence

Family Health Center

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Family Medicine Residency

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Family Medicine Residency

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Medicine Residency Program

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Program Director

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Family Medicine Residency Program

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Associate Program Director

Henry Yoon, MD, Program Director

Tufts University Family Medicine

Residency at Cambridge

Health Alliance

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Caitlin D'Agata, MD, Program Director

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Kristina Gracey, MD, MPH,

Assistant Professor

Lee Mancini, MD, Assistant Professor

University of Connecticut School of

Medicine Family Medicine

Residency Program

Laura Bujold DO, MSE Director

Kenia MaMansilla-Rivera, MD,

Program Director

University of Vermont Medical Center

Department of Family Medicine

Laura Beth Chamberlain, MD,

Associate Program Director

2023 Annual Meeting Information

Virtual Participation

The FMEC will not be streaming sessions to allow for virtual participation or streaming them to other meeting rooms when rooms hit capacity.

Meeting Location

All meeting events are held at the Rhode Island Convention Center, One Sabin Street, Providence, RI 02903 (401) 458-6000.

Accommodations/Transportation

The Omni Providence Hotel (connected to the convention center)

1 West Exchange Street, Providence, RI 02903
(402) 952-6646

The Graduate Providence Hotel (across the street from the convention center)

11 Dorrance Street, Providence, RI 02903
(401) 421-0700

Providence Marriott Downtown (about 1 mile away from convention center)

1 Orms Street, Providence, RI 02904
(401) 272-2400

Meeting Attendees

The FMEC expects over 850 attendees at the 2023 Annual Meeting, including 300 medical students, 200 residents, 250 faculty and other post-training health professionals, 40 exhibit staff, and others. As of September 8th, 93 residency programs had registered for the Residency Fair. The unique nature of the meeting means that while many program directors and faculty have attended for many years, as much as 60% of the attendees are students or residents who may be new to the FMEC. Please help welcome those who are "first timers" to the FMEC and to family medicine!

Annual Meeting Policies

All participants at the FMEC 2023 Annual Meeting are expected to observe the rules and behaviors described in FMEC's Annual Meeting policies, available at <https://www.fmec.net/policies>.

Smoking

No smoking is allowed at the Rhode Island Convention Center or in FMEC events.

Program and Schedule Updates

For information on presentation and speaker changes, cancellations, and corrections that may have occurred after the program was printed, please download and use the conference mobile app (see below).

Conference Mobile App

The FMEC strongly encourages all attendees to download and use the mobile app, for the most updated meeting information, to connect with other attendees, and more.



To download the mobile app, search the App Store or Google Play for "FMEC."

Login: the email address you used for registration

Password: fmec2023

Photo/Video Release

The FMEC will take photos and videos throughout the Annual Meeting. These photos are for FMEC use only and may appear on the FMEC website, newsletter, brochures, social media, or other future FMEC promotional material. This also includes any photos uploaded using the FMEC mobile app. By virtue of your attendance, you agree to usage of your likeness in such media.

2023 Annual Meeting Information

Social Media

We invite you to share our Annual Meeting with others and tell them what you like about the FMEC!



Get Social!

Use **#FMEC2023** to tag your posts and tag us on the following platforms:

X : @FMEC_

(formerly known as Twitter)

Facebook: fmecinc

Instagram: fmec_inc

Wireless Internet Access

Wireless internet access is available to attendees throughout the Hyatt:

WiFi Name: ".convention"

The Rhode Island Convention Center provides complimentary basic Wi-Fi in all exhibit, meeting, and public spaces. Attendees should look for ".convention" to register their device and connect. Registration expires after 2 hours, and re-registration will be necessary.

Lost and Found

Articles may be turned in and reclaimed at FMEC registration desk, which is located on the third floor of the convention center.

Evaluations

Your feedback is critical to the FMEC's ability to continually improve and plan programming that meets your needs. Please complete a session evaluation for each session you attend in the conference mobile app.

CME Credit

The AAFP has reviewed 2023 FMEC Annual Meeting and deemed it acceptable for up to 22.0 Live AAFP Prescribed credits. Term of Approval is from 10/12/2023 to 10/15/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity. See the conference mobile app for complete details.

Future Meeting Dates

FMEC 2024 Annual Meeting, September 18-21, 2024

Meeting venue: Philadelphia Marriott, Philadelphia, PA

New To The Meeting?

Here are some tips!

- **Review the program:** Identify one or two sessions in each time block that especially appeal to you to help plan your schedule.
- **Use the tracks:** Many sessions are labeled with thematic tracks – residents and students should look for R and S respectively.
- **Use the mobile app:** Build your schedule for each day, and see who's here to connect with.
- **Network:** This meeting is all about meeting people! Find others who share your interests and spend time in hallway conversations. Don't be afraid to skip a session to chat with others.
- **Learn from the exhibits:** Meeting with the exhibitors will enrich your learning and enhance your overall experience.
- **Let us help you:** If you aren't sure what to do or have questions, visit the FMEC staff at registration, or look for staff or members wearing Board or Host Committee ribbons – that means they're here to help you!

Description of Presentation Formats

Workshops (1 hour)

Workshops are designed to transmit specific skills and are directed toward learning methodologies and strategies for approaching problems in teaching students, residents and faculty. The participants should be actively involved and should be able to acquire an understanding of various approaches to these problems. *Some workshops may be scheduled for 90 minutes.*

Seminars (1 hour)

Seminars are designed to transmit specific knowledge in a given area and consist of a combination of formal presentations and group discussions.

Research and Quality Improvement (30 minutes each - or 2 per 1-hour block)

These presentations report rigorously-designed investigations or quality improvement activities and are followed by a moderated discussion.

Paper Presentations

(15 minutes each - or 4 per 1-hour block)

Paper presentations provide an opportunity to present to a wide audience about research, scholarship, curricular design, teaching programs, community service, and any other topic of interest related to family medicine. Both completed projects and those under development may be presented. They are typically grouped into an hour-long session featuring four presentations.

Lecture Discussions

(20 minutes each - or 3 per 1-hour block)

The Lecture Discussion format involves a 20-minute presentation to share information that relates to a clinical, educational or policy topic, report of a project and/or activity, or introduction of a policy issue, along with time for participant discussion. They are typically grouped into an hour-long session featuring three presentations.

Posters (60 minutes per session)

Scientific posters are presented on various topics of interest in family medicine, with authors available for discussion.

Clinical Success Stories, Power Stories and Speed Presentations (5-7 minutes each)

This format provides the presenter 5-7 minutes and a maximum of 5 slides to share ideas and information in a focused, direct manner, followed by discussion. They are typically grouped with 4-6 in an hour-long session.

Clinical Camp Tables (45 minutes per session)

This format is an opportunity to watch and participate in a hands-on demonstration of a clinical procedure commonly performed in family medicine, using patient models and materials.

Breakfast Table Discussions (45 minutes)

Breakfast Table Discussions are opportunities during the Saturday breakfast for scholarly and networking discussions. The title of the table is the topic, and presenters may provide brief opening remarks but generally facilitate discussion of the topic.

Tracks

The FMEC designates some programs as part of thematic tracks to help you plan your participation. In addition to usual tracks such as Maternal and Child Health, and Osteopathic Medicine, the FMEC has made some new additions for 2023, to address meeting ACGME requirements, wellness, diversity/equity, and social determinants of health.

TRACKS	
(ACGME)	Accreditation Council for Graduate Medical Education
(ADSU)	Addiction/Substance Use
(ADV)	Advocacy
(NM)	Art/Narrative Medicine
(CE)	Community Engagement or Involvement
(COVID)	Covid 19
(DEI)	Diversity, Equity and Inclusion
(DMCC)	Disease Management/Clinical Care
(F)	Faculty
(IH)	Integrative Med/Whole Person Health
(INN)	Innovation
(MCH)	Maternal and Child Health
(MH)	Mental Health
(NT)	Nutrition
(OSTEO)	Osteopathic
(POCUS)	Point of Care Ultrasound
(PRO)	Procedures
(PTSIP)	Preparing to Succeed in Practice
(RESQI)	Research/Quality Improvement
(R)	Resident
(REPRO)	Reproductive Health Care
(RESQI)	Research/Quality Improvement
(RM)	Rural Medicine
(S)	Student
(SDOH)	Social Determinants of Health
(WELL)	Wellness

Transforming care.

We are physician-led and patient-centered. Driven by purpose. Informed by the communities we serve in Greater Boston. Invested in dedicated family medicine physicians like you.

At Atrius, we support and celebrate the diverse voices of our teams. Together we fuel innovation. Connect with our community. Deliver outstanding medical care for all.



Together, we can improve lives.
Won't you join us?
Atriushealthproviders.org

2023 Annual Meeting Plenary Speakers

Join us at the plenary sessions for these exciting speakers as well as presentations of the FMEC 2023 Awards.



Friday, October 13, 2023 Evening Plenary Dinner, 5:30 pm – 7:00 pm

Transgender Healthcare – Izzy Lowell, MD

Transgender and gender nonbinary people often face social and economic marginalization, and experience a variety of barriers to healthcare, including overt discrimination, inadequate health insurance coverage, legislative interference in the physician-patient relationship, and poor physician knowledge of appropriate treatment. Family physicians are uniquely suited to provide gender-affirming care because of their whole-person focus, ability to create care plans that meet the needs

of diverse individuals, and longitudinal relationship with the patient across the entire lifespan. Family physicians who do not provide this care should take steps to ensure that patients requiring gender-affirming services are appropriately referred.

Dr. Izzy Lowell (she/her) grew up in Massachusetts, where she attended Williams College, followed by the University of Connecticut School of Medicine. She moved to Atlanta in 2013 and joined the faculty at Emory University, where she started the Gender Clinic at Emory. Dr. Lowell is driven by a sense of fairness and equality, and she realized that there are very limited options for trans people to get medical care in the Southeast, so she founded Queermed, a telemedicine practice serving transgender and nonbinary people in 25 states.



Saturday, October 14, 2023 Laurence C. Bauer, MSW, MEd, Honorary Plenary Morning Plenary Breakfast, 7:45 am – 9:15 am

We Got This Family Medicine – Renee Crichlow, MD

Dr. Crichlow's presentation will portray Family Medicine's versatile and flexible response to the recent pandemic and social upheaval. And how that response is a marker of the value and need for Family Medicine as a specialty. It also wraps advocacy and policy into an understandable, heartfelt

narrative of courage, caring, compassion, and strength. There are even a couple of mentions of a zombie apocalypse and Star Trek, both hypothetical but illustrative!

Renee Crichlow, MD, FAAFP (she/her) has practiced full-spectrum Family Medicine with Obstetrics for more than 20 years and is now the Chief Medical Officer of Codman Square Health Center in Boston, the Vice-chair of Health Equity at the Boston University Department of Family Medicine, and serves as the medical editor for Diversity, Equity, and Inclusion at the journal, American Family Physician. Prior to this, Dr Crichlow was at the University of Minnesota as the director of advocacy and policy in the Department of Family Medicine and Community Health and the inaugural holder of the Mac Baird Endowed Chair for Family Medicine Advocacy and Policy. Dr. Crichlow's Fellowships include a Fellowship in Health Policy through the Dept of Health and Human Services, she is a Commissioner for Federal and State Policy for the American Academy of Family Physician, and is the President of the Society of Teachers of Family Medicine and the founder of The Ladder, a mentorship program for kids interested in health careers.



Sunday, September 18, 2023 Morning Plenary Breakfast, 7:30 am – 9:00 am

Catalyst for Change: Increasing Access to Safe Abortion Care and Upholding Bodily Autonomy – Manisha Kumar, MD

Dr. Kumar will share her experience from nearly a decade of working with Doctors Without Borders stimulating an institutional culture change to destigmatize abortion and increasing access to safe abortion care in humanitarian settings around the world.

Manisha Kumar, MD (she/her) is a family medicine doctor with a Masters in Public Health and fellowship training in Obstetrics. She started working for Doctors Without Borders in 2014 and has worked in multiple countries including the Democratic Republic of Congo, Bangladesh, Central African Republic, and Sierra Leone. For 6 years she was head of the Safe Abortion Care Task Force, an initiative aimed at increasing access to safe abortion care in humanitarian settings. She currently resides in the United States.



Hereditary Cancer Resources!

A conversation can help break the cycle of cancer that runs in families

"When we talk about early onset breast cancer, we're really looking at women between the ages of 18 and 45. Many of them are only getting their care from you. If you're not having this conversation with them, nobody is." Dr. Susanna Evans speaking to the FMEC's cohort of faculty and residents.

Early detection, in conjunction with risk reduction, is essential to reducing cancer mortality rates. With an estimated ten percent of cancer diagnoses linked to a high-risk genetic mutation ($\cong 200,000$ /year in the US), identifying and counseling those individuals who carry the mutation can save lives.

However, millions of Americans are unaware that they have a genetic mutation that increases their risk of developing cancer.

Family physicians are at the heart of early detection and prevention of cancer. You and your care team are uniquely positioned to assess patients' family history, introduce the topic of genetic testing to those who are at risk, and help guide them toward the right resources.

Use the Hereditary Cancer Resource Folder developed through the FMEC's recent learning collaborative to educate and empower your community, so information is at your fingertips when you need it.

The FMEC and our participating residencies have compiled a list of resources for patients and healthcare providers as a starting point. Use the prompts to source and compile folder assets and to determine your clinic's policies and procedures, including the referral process, to use while navigating patients through their hereditary cancer journey.



About the FMEC Hereditary Breast Cancer/Narrative Medicine Learning Collaborative

FMEC, in partnership with the National Association of Chronic Disease Directors and with funding from the CDC, created the collaborative to explore the CDC's Bring Your Brave Campaign. Visit the CDC's Bring Your Brave Campaign to access real stories and videos about breast cancer that you can learn from and share with patients, education on risk factors and screening, and more.

Find more information about the collaborative, including the full project report, on the FMEC website at <https://www.fmec.net/breast-and-ovarian-cancer>.

Contact Rebecca Bouck at rebecca.bouck@fmec.net for more information

Award Winners

2023 FMEC Family Physicians Who are Changing Our World Award

The Family Medicine Education Consortium, Inc. seeks to identify and recognize family physicians who have developed innovative projects and programs that have had a positive impact on the world. The FMEC recognizes family physicians who have demonstrated significant achievement in promoting the health and well-being of the community at the local, state, national or international levels.



James J. Ledwith, Jr., MD, FAAFP
UMass Fitchburg
Family Medicine Residency
Department of Family Medicine and Community Health
UMass Chan Medical School

2023 FMEC Mid-Career Faculty Achievement Award

The Family Medicine Education Consortium seeks to support mid-career faculty with expertise in an area relevant to family medicine. It is our intention to identify and acknowledge one mid-career faculty member each year, who has demonstrated significant achievement. The intent of this recognition is to assist faculty who have not yet received tenure approval or otherwise been highly recognized for their efforts.



Brintha Vasagar, MD, MPH, FAAFP
Bayhealth Medical Center



Stephanie L. Ballard, PharmD, BCPS, BCACP
UPMC Shadyside
Family Medicine Residency

2023 FMEC Emerging Leader Award

The Family Medicine Education Consortium seeks to identify, encourage and support promising family medicine senior residents, junior faculty and clinicians in practice (three years or less experience) who have the potential to be future leaders in family medicine academic and community service efforts.



Innes Tounkel, MD
Jefferson Family and
Community Medicine Residency



Chelsea A. Faso, MD
Amsterdam Family Health Center,
Institute for Family Health

2023 FMEC Visual Arts Award

The goal of the Visual Arts Award process is two-fold: One, to honor the creative talents of family physicians (the renaissance men and women of medicine), and Two, to take the best of the submissions and generate materials that can be used to make Family Medicine more visible to colleagues, students, patients and policy makers. Faculty and clinicians, residents-in-training, and medical students in the northeast region of the US are eligible to participate.



Aimee Burke Valeras, PhD, LICSW
photograph entitled
"Hoping Against Hope"
1st place visual arts winner
Faculty, NH Dartmouth
Family Medicine Residency
Concord Hospital Family Health Center



Sruthi Srinivasan, MSIV
painting entitled
"Human Touch"
Honorable Mention
Cooper Medical School of
Rowan University

Award Winners

2023 FMEC This We Believe Award Winners

Modeled on the successful "This I Believe" project, as heard on National Public Radio, the FMEC offers physicians, physicians-in-training, and medical students engaged in family medicine organizations, the opportunity to express their core beliefs about serving others. We believe that sharing our passion for being healers will not only strengthen our ability to serve others, but also will connect us to one another and strengthen our mission in family medicine.



Sonya Levine, OMS-IV
"The Body Electric"
 Philadelphia College of Osteopathic Medicine



Stacey Nickoloff, DO
"I Believe in Millennials"
 Program Director,
 Forbes Family Medicine
 Residency Program
 Allegheny Health Network



Lewis Wong, MD
"Listening is Healing"
 Glen Cove/Northwell
 Health Family Medicine
 Residency

2023 FMEC Creative Writing Award Winners



Maureen Litchman, MD
1st place prose
"Not Knowing"
 The Wright Center for
 Graduate Education



Sukanya Srinivasan, MD, MPH
2nd place prose
*"It's Complicated: Thoughts on a
 Personal Grief Journey"*
 UPMC McKeesport
 Family Medicine Residency
 Penn Plum Family Medicine



Brianna K. Moyer, MD
3rd place prose
"Is This Normal?"
 Penn Medicine Lancaster General Health
 Family Medicine Residency Program



Steffany Moreno, MS, OMSIV
Prose Honorable Mention
"An Oath"
 Philadelphia College of
 Osteopathic Medicine



The FMEC thanks UPMC Life Changing Medicine for sponsoring the 2023 awards.



Aimee Burke Valeras, PhD, LICSW
1st place poetry
"How to Talk About Pain"
 Faculty, NH Dartmouth
 Family Medicine Residency
 Concord Hospital Family Health Center



Hailey Kindt, MSIV
2nd place poetry
"If You Read Her Chart"
 Penn State College of Medicine



Jessica L. Faraci, MD
3rd place poetry
"Help"
 MaineHealth
 Mid Coast Medical Group
 Family Practice at Parkview

Preconferences and Special Events



Thursday, October 12, 2023

- 8:30 am – 12:00 pm** **ALSO Instructor Course Faculty Breakfast Meeting**
557, 5th Floor
- 10:00 am – 2:00 pm** **FMEC Board of Trustees Meeting**
Providence, 4th Floor
- 12:00 pm – 5:00 pm** **ALSO Instructor Course**
550A, 551A, 552B, 552A, 552B, 5th Floor
- 1:00 pm – 5:00 pm** **Point of Care Ultrasound (POCUS) Workshop**
555B, 5th Floor
Kevin Bergman MD, Mena Ramos MD, Additional Faculty
- 2:00 pm – 5:00 pm** **FMEC Journal Planning Meeting (by invitation)**
Providence, 4th Floor
- 5:30 pm – 7:00 pm** **FMEC President's Welcome and Appreciation Reception (by invitation)**
Rotunda, 5th Floor
Leon McCrea II MD, MPH, FAAFP

Friday, October 13, 2023

- 8:00 am – 12:00 pm** **Point of Care Ultrasound (POCUS) Workshop**
555B, 5th Floor
- 8:00 am – 12:00 pm** **Learning Collaboratives: Meeting New ACGME Requirements**
554B, 5th Floor
- 8:00 am – 12:00 pm** **IMPLICIT Network Meeting**
557, 5th Floor
- 8:00 am – 12:00 pm** **FACTS About Fertility**
556B, 5th Floor
- 8:00 am – 4:45 pm** **FMEC Healthcare Innovators Network** - Sponsored by One Medical
Ballroom B, 5th Floor
After morning session, continues as Seminars S12, S23, and S32
- 12:00 pm – 1:00 pm** **FMEC Past Presidents Lunch**
Providence, 4th Floor
- Afternoon Seminars** **Preparing to Succeed in Practice (PTSIP) Sessions** - Sponsored by ChenMed
Ballroom C, 5th Floor
See Seminars S01, S13, and S24

 one medical



  

Saturday, October 14, 2023

- 7:00 am – 8:00 am** **PAFP Program Director Assembly Breakfast Meeting**
Rotunda, 5th Floor
- 12:00 pm – 2:00 pm** **Program Coordinator's Networking Meeting**
Providence Room
- 7:00 pm – 8:00 pm** **NYSAFP Reception**
Rotunda, 5th Floor

Sunday, October 15, 2023

- 9:00 am – 12:00 pm** **IMPLICIT Network Meeting**
551A, 5th Floor

FMEC Healthcare Innovators Network Agenda

Moderator: Laurence Bauer, MSW, MEd
Presentation Reactors: Michael Fine, MD; Ms. Adrian Agalgay

Friday, October 13, 2023
 Rhode Island Convention Center
 Ballroom B, 5th Floor

Agenda

8:00 am	Welcome and Introductions Laurence Bauer MSW, MEd	Morning Preconference: 8:00 am - 12:00 pm Afternoon Seminars: 1:00 pm - 2:00 pm, 2:15 pm - 3:15 pm, 3:45 pm - 4:45 pm
8:15 am	Health System Change Laurence Bauer MSW, MEd	
8:45 am	Moving from Fee-for-Service to Advanced Primary Care with Full Risk Payment Scott Conard MD, DABFP, FAAFM, DABHM, Alan Roth DO, Luigi Tullo MD	
9:15 am	One Medical: A Human Centered, Technology Powered Approach to Developing Sustainable and Scalable High Functioning Primary Care Wendy B. Barr MD, MPH, MSCE, FAAFP	
9:45 am	Vision 2023: Embracing Change and Driving Growth Daniel McArter MD, Faisel Syed MD	
10:15 am	Break	
10:30 am	Primary Care for All Americans: A Movement to Create a Primary Care Driven System in the U.S. Michael Fine, MD, Alan Roth, DO et al.	
11:00 am	A Community Owned Health Plan Bryce Heinbaugh, Casey Billington RN, BSN, CCTC	
11:30 am	Vital: Breaking Down Information Silos, Optimizing User Experience, and Increasing Operational Efficiencies in an ER Justin Schrage MD, MPH	
12:00 pm	Morning Reflections and Lunch Break	
1:00 pm	Seminar 12: FMEC Healthcare Innovators Network (S12) Socially Responsible Investing in Healthcare Infrastructure in Medically Underserved Areas Len Fromer MD	
1:30 pm	Brown University Department of Family Medicine: Innovation Highlights Population Health Jeffrey Borkan MD, PhD	
2:00 pm	Break	
2:15 pm	Seminar 23: FMEC Healthcare Innovators Network (S23) The Michigan Collaborative for Type 2 Diabetes: Focusing on Communication Design Caroline Richardson MD	
2:45 pm	Let's Regrow Our FM Scope of Practice Using Project ECHO and Achieve Tuberculosis Elimination in the U.S. Daria Szkwarko DO, MPH	
3:15 pm	Break	
3:45 pm	Seminar 32: FMEC Healthcare Innovators Network (S32) Transforming Clinical Care at the Front Line Across the World: Focus Pocus Kevin Bergman MD, Mena Ramos, MD	
4:05 pm	Building Connections between Clinicians, Patients and the Community Christine Bechtel	
4:25 pm	The Win-Win-Win of Scaling Lifestyle Medicine Group Medical Visits Jacob Mirsky MD	
4:45 pm	Final Reflections	

The FMEC thanks One Medical for its support of the 2023 Healthcare Innovators Network





Schedule at a Glance

Educational program blocks are indicated in **orange**.

THURSDAY, OCTOBER 12

8:00 am - 5:00 pm	Registration
8:30 am - 12:00 pm	Advanced Life Support in Obstetrics (ALSO) Instructor Course Faculty Pre-meeting
10:00 am - 2:00 pm	FMEC Board of Directors Meeting (invitation only)
12:00 pm - 5:00 pm	Preconference (open) <ul style="list-style-type: none">• Advanced Life Support in Obstetrics (ALSO) Instructor Course
1:00 pm - 5:00 pm	Preconference (open) <ul style="list-style-type: none">• Point of Care Ultrasound (POCUS) Workshop (First offering)
2:00 pm - 5:00 pm	FMEC Journal Planning Meeting (invitation only)
5:30 pm - 7:00 pm	FMEC President's Welcome and Appreciation Reception (invitation only)

FRIDAY, OCTOBER 13

7:00 am - 8:30 pm	Registration
8:00 am - 12:00 pm	Preconferences (open; separate registrations) <ul style="list-style-type: none">• Point of Care Ultrasound (POCUS) Workshop (Second offering)• Learning Collaboratives: Meeting New ACGME Requirements• IMPLICIT Network Meeting• FACTS about Fertility• FMEC Healthcare Innovators Network
10:00 am - 1:00 pm	Residency Fair Set-up
10:00 am - 3:00 pm	Exhibitor Registration and Set-up
11:00 am - 3:00 pm	Welcome Lounge
3:00 pm - 5:30 pm	Exhibitor Booth Hours
12:00 pm - 1:00 pm	FMEC Past President's Lunch (invitation only)
1:00 pm - 4:45 pm	Academic Presentations (15-20 each block below) 1:00 pm - 2:00 pm 2:15 pm - 3:15 pm
3:15 pm - 3:45 pm	Afternoon Break (visit the exhibits) 3:45 pm - 4:45 pm
4:45 pm - 5:30 pm	Evening Break (visit the exhibits)
5:30 pm - 7:00 pm	Welcome, Dinner, Awards and Plenary Session #1
7:00 pm - 9:00 pm	Residency Fair



Schedule at a Glance

SATURDAY, OCTOBER 14

7:00 am - 7:45 am	Breakfast Table Discussions
7:45 am - 9:15 am	Welcome, Awards and Plenary Session #2
9:00 am - 5:00 pm	Exhibitor Booth Hours
9:15 am - 9:45 am	Morning Break (visit the exhibits)
9:45 am - 12:00 pm	Academic Presentations (15-20 each block below) 9:45 am - 10:45 am 11:00 am - 12:00 pm
12:00 pm - 2:00 pm	Poster Presentation Sessions #1 and #2, Clinical Camp Sessions, Visit the Exhibits, and Boxed Lunch
2:00 pm - 4:15 pm	Academic Presentations (15-20 each block below) 2:00 pm - 3:00 pm 3:15 pm - 4:15 pm
4:15 pm - 4:45 pm	Afternoon Break (visit the exhibits)
4:45 pm - 6:45 pm	Residency Fair
7:00 pm	Residency Fair Booth Breakdown

SUNDAY, OCTOBER 15

7:30 am	Breakfast
7:30 am - 9:00 am	Welcome, Awards and Plenary Session #3
9:00 am - 12:00 pm	IMPLICIT Network Meeting
9:00 am - 12:30 pm	Academic Presentations (15-20 each block below) 9:00 am - 10:00 am 10:15 am - 11:15 pm 11:30 am - 12:30 pm
10:00 am - 10:15 am	Morning Break
12:30 pm	Conference Concludes

Educational Programming

- Workshops and seminars are 1 hour. Some seminars may be scheduled for 90 minutes.
- Research and QI are 30 minutes each, or 2 per 1-hour block.
- Lecture Discussions are 20 minutes each, or 3 per 1-hour block.
- Papers are 15 minutes each, or 4 per 1-hour block.
- Clinical Success Stories, Power Stories, and Speed Presentations are 5-7 minutes each.

About the FMEC

The Family Medicine Education Consortium (www.fmec.net) is a catalyst, convener, and incubator that connects those interested in improving health by strengthening family medicine/primary care services and medical education. The FMEC mission is to improve the health of the nation by strengthening family medicine and primary care to meet its full potential. The FMEC is a non-profit organization incorporated in Ohio (FEIN 31-1436038).



The FMEC serves 14 states and the District of Columbia in the northeastern U.S., from New England to Virginia and west to Ohio. FMEC's constituency in these states includes nearly 60 Medical School Departments of Family Medicine and over 200 family medicine residency programs accepting about 1,300 first year residents annually. The FMEC region graduates over 9,600 medical students, with about one-quarter from osteopathic medical schools. Combined, the FMEC region is home to over 35,700 professional active family physicians.



FMEC offers Individual Memberships (\$30 for Residents and Fellows, \$75 for others) as well as Organizational and Academic Partnerships for health systems, departments of family medicine and family medicine residency programs (\$1,000 to \$25,000 and over). Over 90 institutions have joined the FMEC. The FMEC regularly communicate to over 5,000 individuals who are members, organizational partners, and past meeting attendees.

Visit the Exhibits!

Exhibitors provide critical support to the FMEC Annual Meeting, and they educate you and your residency programs about new products and services that you need. Please take time to learn from the exhibitors.

Exhibit Location:

Ballroom Prefunction, 5th Floor

Exhibit Hours:

Friday, 3:00 pm – 5:30 pm

Saturday: 9:00 am – 5:00 pm

Thank You to Our 2023 Sponsors

*As of September 8, 2023



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The FMEC thanks the sponsors of its 2023-2024 education and quality improvement initiatives.





Exhibitors

*As of September 8, 2023

Organization	Address Main	City	State
ACOFP Foundation	Chicago		IL
Aledade FIRST	Bethesda		MD
Atrius Health	Newton		MA
Bassett Healthcare Network	Cooperstown		NY
Baystate Health	Springfield		MA
Beebe Healthcare	Lewes		DE
Boston Army Medical Recruiting	Boston		MA
ChenMed	Miami		FL
CNEMG	Providence		RI
EBSCO	Ipswich		MA
FACTS about Fertility	Washington		DC
Family Health Center of Worcester	Worcester		MA
Family Medicine Education Consortium (FMEC)	Dayton		OH
Geisinger	Danville		PA
Global Ultrasound Institute (GUSI)	Oakland		CA
Hudson Headwaters Health Network	Queensbury		NY
IMPLICIT, an FMEC Project	Lancaster		PA
The Inline Group	Carrollton		TX
The Institute for Family Health	New York		NY
Mid Atlantic Permanente Medical Group	Rockville		MD
Navigate Student Loans	Saint Paul		MN
One Medical	San Francisco		CA
Penn Medicine Lancaster General Health	Lancaster		PA
PracticeLink	Hinton		WV
RHEDI/Reproductive Health Education in Family Medicine	Bronx		NY
St. Luke's University Health Network	Bethlehem		PA
St. Matthews University School of Medicine	Orlando		FL
TidalHealth	Salisbury		MD
TriageMD	Radnor		PA
UMass Memorial Medical Group	Worcester		MA
UPMC	Irwin		PA
WellSpan Health	YORK		PA



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The FMEC has inspired me and fed my passion. It has nurtured my beliefs and it has provided me a tribe to believe together. I would not be the family physician and educator I am, if not for the FMEC and for Larry Bauer's constant support, curiosity, and inspiration.

– FMEC Past President
 Stacy Potts, MD, FAAFP

About the Legacy Campaign

Launched in 2020, the FMEC Legacy Campaign is ensuring the future success of the FMEC while honoring the work of founding CEO Larry Bauer and all the family physicians who have made the FMEC a critical part of family medicine in the northeast U.S. The Legacy Campaign's Strategic Reserve Fund supports the long-term survival of the organization; the Greatest Need Fund provides the Board with the resources to be nimble and face new challenges; and the Operational Growth Fund will grow the infrastructure of the FMEC as an organization. As the FMEC wraps up the Legacy Campaign in 2023-2024, we are proud to announce we have raised over \$360,000 for the FMEC's future from over 50 dedicated FMEC leaders and supporters. We are eternally grateful to these donors for their support of family medicine and their faith in the FMEC.

7:00 am - 8:30 pm

Exhibition Hall Prefunction, 3rd Floor

Conference Registration

7:00 am – 8:30 am

Ballroom Prefunction

Breakfast (Preconference attendees only)

8:00 am - 12:00 pm

555B, 5th Floor

Point of Care Ultrasound (POCUS) Workshop

Kevin Bergman MD, Mena Ramos MD, Additional Faculty

8:00 am - 12:00 pm

554B, 5th Floor

Learning Collaboratives: Meeting New ACGME Requirements

Leon McCrea II MD, MPH, Additional Faculty

8:00 am - 12:00 pm

557, 5th Floor

IMPLICIT Network Meeting

Mario DeMarco MD, MPH, Maha Shafqat MPH

8:00 am - 12:00 pm

556B, 5th Floor

FACTS About Fertility

Marguerite Duane MD, MHA, MSPH, FAAFP

8:00 am - 12:00 pm

Ballroom B, 5th Floor

FMEC Healthcare Innovators Network (See page 15 for full agenda)

Laurence Bauer MSW, MEd

10:00 am - 3:00 pm

Ballroom Prefunction, 5th Floor

Exhibitor Registration and Set Up

10:00 am - 1:00 pm

Exhibition Hall D, 3rd Floor

Residency Fair Set Up

11:00 am - 3:00 pm

Terrace Lounge, 4th Floor

Welcome Lounge

sponsored by:

Navigate
FLIP THE SCRIPT ON STUDENT DEBT

PracticeLink

12:00 pm – 1:00 pm

Providence, 4th Floor

FMEC Past President's Meeting (by invitation)

Scott Allen MS, CEO

Friday 1:00 pm – 2:00 pm

WORKSHOPS

WO1 (DEI)

554B

Racial Affinity Caucusing: Learn About This Antiracism Tool by Participating in One

Marian Younge MD, Tanya White-Davis PsyD, Laura Krinsky MD, Odinaka Anyanwu MD, Fadya El Rayess MD, MPH

WO2 (OSTEO)

557

Non-Pharmacological Management of Pain in Labor

Michaela Lei DO, Cindy Barter MD, MPH, FAAFP, Robin Codjoe MD

WO3 (PRO)

555B

Management of Wounds with Suturing

Jillian Joseph MPAS, PA-C, Cynthia Jeremiah MD, Sandra Augusto MD, MPH, Stacy Potts MD, MEd, Kristina Gracey MD, MPH

Friday 1:00 pm – 2:00 pm SEMINARS

SO1 (PTSIP)

Ballroom C

Models of Practice Panel Discussion

Daniel McCarter MD, Jeffrey S. Gold MD, Additional Faculty

SO2 (ACGME)

552A

Performing Balint Groups to Foster the Patient-Provider Relationship and Meet ACGME Competencies in Residency and Medical School

Arnold Goldberg MD, Allison Parkhurst LMFT

SO3 (MCH)

552B

Safe Protocols for Labor Induction and Labor Management

James Nicholson MD, MSCE, Nabiha Malik MD, Joseph Radakovitz BS

SO4 (MCH) (R) (S)

551A

Common Newborn Issues

Andrew Lutzkanin MD, FAAFP, Stacey Milunic MD

SO5 (IM)

551B

Nutritional Support of Mental Health

Alan Remde MD, FAAFP

SO6 (DMCC)

550A

Treating Patients with Hepatitis C and MOUD

Kate Kelley MD, MPH, Antoinette Abou-Haidar MD, Christina Antenucci MD

SO7 (DEI)

554A

Goodbye Race-Based Medicine, Hello Equity-Based Medicine

Rachel Rosenberg MD, Ivonne Mclean MD, Mara Phelan MD, Angelica Lopez BA

SO8 (ADV)

550B

Healthcare and Human Trafficking: How to be an Advocate in the Clinic and the Community

Hannah Spotts BA

SO9 (REPRO)

556A

Beyond Do No Harm: Bioethics, Autonomy, and Criminalization in the Post-Dobbs Era

Payal Patel MD, MS, Ksenia Varlyguina MPH, CPH, Michele Said MD,

Jessica Mitter Pardo DO, Ian Lague MS

SO10 (MH)

556B

Behavioral Health Open Access: Providing Care and Consultation Through an Innovative Training Clinic

Debra Moorhead MSW, PhD, Stephanie Czech PhD

SO11 (OSTEO)

555A

The Role of Osteopathic Principles and Techniques in End of Life Care

Michaela Lei DO, Michael Greene DO, Danielle Crable DO

SO12 (INN)

Ballroom B

FMEC Healthcare Innovators Network (See page 15 for full agenda)

Laurence Bauer MSW, MEd

PREPARING TO SUCCEED IN PRACTICE SEMINARS

The FMEC is committed to helping medical students, residents and even family physicians out of training learn more about practice options, career paths, job searching and interviewing, managing debt and financing, and more. Residents are encouraged to attend these three Friday afternoon Preparing to Succeed seminars:

SO1 Models of Practice (1:00 pm – 2:00 pm)

S13 Preparing for Financial Success as a new Physician (2:15 pm – 3:15 pm)

S24 Transitioning From Residency to Your First Job (3:45 pm – 4:45 pm)

The FMEC thanks ChenMed for its ongoing sponsorship of our Preparing to Succeed in Practice content!



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Friday 1:00 pm – 2:00 pm RESEARCH PRESENTATIONS – Group #1 (30 Minutes Each)

RPO1 (F) (R)
558B

Strategies for Introducing Capitation to Resident Clinics
Joanne Wilkinson MD, MSc

RPO2 (RESQI) (MCH)
558B

Understanding Facilitators & Barriers for Continued Obstetric Practice Among Family Medicine Residents
Rowena D. Pingul-Ravano MD, FAAFP, Cynthia Salter PhD, MPH, Ryan Bills MS, Claire Lama, Essam Demian MD

Friday 1:00 pm – 2:00 pm LECTURE DISCUSSION – Group #1 (20 Minutes Each)

LDO1 (DMCC) (NUTRI)
553A

Implementing an Interdisciplinary Weight Management Clinic into a Family Medicine Residency Program

Megan Maurer DO, DipABOM, DipABLM, Hannah Clevenger PA-C, Michael Geishauer PharmD, BCPS, Jody Petrunak RDN, LDN, Barbara Mercer RN

LDO2 (MCH)
553A

The Optimal Management of Gestational Weight Gain

James Nicholson MD, MSCE, Gabrielle Frenkel DO, Joseph Radakovitz BS

LDO3 (F) (R) (S)
553A

Interprofessional Simulation: Communication Skills

Tanya Ray MS, Ryan Arias DO

Friday 1:00 pm – 2:00 pm LECTURE DISCUSSION – Group #2 (20 Minutes Each)

LDO4 (ADV)
553B

The Necessary Transformation to Advanced Primary Care

Luigi Tullo MD, Alan Roth DO, Scott Conard MD

LDO5 (DMCC)
553B

A Primary Care Interdisciplinary Diabetes Clinic: A New Approach to Management

Jennifer Waldroupe DO, MS, Rachel Klouk MD, MPH, Allyson Lehmkuhl MS RD LD, Alexander Hintz PharmD, Allison Gase Wernekinck DO

LDO6 (F)
553B

Home Based Primary Care: How to Start That in Your Residency?

Crystal Marquez MD, Nel Trasybule MD

Friday 2:15 pm – 3:15 pm WORKSHOPS

W04 (PRO)
555B

Functional Movement Workshop

Lee Mancini MD, CSCS*D, CSN, Emily Eshleman DO, Nick Martin MD, Sam Cohen DO, Grant Pierre MD

W05 (F)
556B

Clinician Educator Milestones

Laura Edgar EdD, Tiffany Moss MBA, Lorenzo Pence DO

W06 (OSTEO)
555A

Primary Care OMT in Pediatrics

Julianna Carvajal DO, Catherine McCormick DO, Gabriella Petrongolo DO, Meera Shah DO

W07 (F) (R) (S)
550B

Using Emotional Intelligence to Enhance Teamwork and Wellness

Magda Kowalczykowski MD

Friday 2:15 pm – 3:15 pm

S13 (PTSIP)

Ballroom C

S14 (F)

552A

S15 (MCH)

552B

S16 (WELL) (NUTRI)

551A

S17 (DMCC)

551B

S18 (DEI)

550A

S19 (ACGME) (ADV)

554A

S20 (REPRO)

557

S22 (COVID)

554B

S23 (INN)

Ballroom B

Friday 2:15 pm – 3:15 pm

RPO3 (DEI)

558B

RPO4 (WELL)

558B

Friday 2:15 pm – 3:15 pm

LDO7 (DMCC) (NUTRI)

553A

LDO8 (MCH)

553A

LDO9 (REPRO)

553A

SEMINARS

Preparing for Financial Success as a New Physician

James Hemphill BA, CFP, CIMA, CPWA, Joy Sorenson Navarre

Faculty Development on Family Medicine Academic Promotion

Jaividhya Dasarthy MD, Christine Alexander MD, Ifeolorunbode Adebambo MD

Doula 101 for Family Physicians

Sarah Baden MD, MAHA, Ekua Ansah-Samuels, MPH

Culinary Medicine: A Taste for the Ages

Hammad Abdelquader MD

A New and Old Treatment for Chronic Pain and Neuroplastic Disorders ~

Pain Neuroscience Education and Pain Reprocessing Therapy

Yuki Takeuchi MD, Sandy Wang MD, MPH, Emily Triplett MD,

Doug Guiffrida PhD, ACS, NCC, Sachiko Kaizuka MD

Hesitant to Teach About Racial Health Disparities? Start here!

Kristina Johnson MD, Stephanie Miller MD

Advocacy for the Family Medicine Physician: Promoting Competence as an Activist In Your Residency Curriculum

Timothy Pelkowski MD, MS, FAAFP, Andrew Lutzkanin MD

Patient-Centered Language in Reproductive Health Care

Heather Paladine MD, MEd, FAAFP, Aerial Petty DO, Olivia Patsos DO,

Janani Prasad MD, Shikha Patel DO

Operational Lessons Learned from COVID

Joanne Wilkinson MD, MSc

FMEC Healthcare Innovators Network (See page 15 for full agenda)

Laurence Bauer MSW, MEd

RESEARCH PRESENTATIONS – Group #2 (30 Minutes Each)

Going Back Home: Influences on Urban Medical Students Choice to Practice in Urban Underserved Communities

Armika Tatum DO, Tsedey Biru Williams DO, Sharon Casapulla EdD

Guilty Free Zone: Prioritizing Work-Life Integration in Medical Education and Beyond

Renata Carneiro PhD, Shala Davis PhD, Andrew Goodbred MD, John Graham MS,

Debbie Cooper Rd, LDN

LECTURE DISCUSSION – Group #3 (20 Minutes Each)

Obesity Management

Uma Jayaraman MD, FAAFP, Patricia Evans MD

Sleep Considerations in Women with Menopause

Malvika Sharma MD

What's Next Post-Roe: Protecting Access to Medication Abortion

Caitlin Takeda BA, Andrea Arena MD

Friday 2:15 pm – 3:15 pm

LD10 (ADSU)
553B

LD11 (DMCC)
553B

LD12 (DMCC)
553B

LECTURE DISCUSSION – Group #4 (20 Minutes Each)

Performance Enhancing Substance Use in Young Athletes
Alec Tributino DO, Lee Mancini MD, CSCS*D, CSN

Relative Energy Deficiency in Sports (RED-S), A Primary Care Perspective
Marian Catalan DO, Larry Nolan DO, CAQSM

Primary Aldosteronism in Primary Care: A Review of Screening, Diagnosis & Management
William Zachary Prebel MD, Shifra Mincer MD, Carlos A. Diaz-Balzac MD, PhD

Friday 3:00 pm – 5:30 pm

Ballroom Prefunction, 5th Floor

Exhibit Booth Hours

Friday 3:15 pm – 3:45 pm

Ballroom Prefunction, 5th Floor

Afternoon Break and Visit with the Exhibitors

sponsored by:



Friday 3:45 pm - 4:45 pm

90-minute workshop
W08 (POCUS)
555B

W09 (OSTEO)
555A

W10 (F)
554A

W11 (ADV) (ACGME)
554B

WORKSHOPS

MSK POCUS Workshop
Michael Maddaleni MD, Nicholas Martin MD, Sam Cohen DO, Angela Rufo DO, Emily Eshleman DO

An Approach to Low Back Pain Using “OMT Simplicities” - OMT for DOs and MDs
Philip Cruz DO, Emily Caruso DO

10 Things You Can Do To Increase Student Interest in Family Medicine
John Boltri MD, Michael Appleman MA Ed, Stacey Gardner-Buckshaw PhD, Marquita Belen MD, MAS, Roger Musa MD

Making it Count: Health Policy Analysis Skill Building Workshop for Family Physicians
Madeline Taskier MD, Emmeline Ha MD

TRACKS

(ACGME)	Accreditation Council for Graduate Medical Education	(NT)	Nutrition
(ADSU)	Addiction/Substance Use	(OSTEO)	Osteopathic
(ADV)	Advocacy	(POCUS)	Point of Care Ultrasound
(NM)	Art/Narrative Medicine	(PRO)	Procedures
(CE)	Community Engagement or Involvement	(PTSIP)	Preparing to Succeed in Practice
(COVID)	Covid 19	(RESQI)	Research/Quality Improvement
(DEI)	Diversity, Equity and Inclusion	(R)	Resident
(DMCC)	Disease Management/Clinical Care	(REPRO)	Reproductive Health Care
(F)	Faculty	(RESQI)	Research/Quality Improvement
(IH)	Integrative Med/Whole Person Health	(RM)	Rural Medicine
(INN)	Innovation	(S)	Student
(MCH)	Maternal and Child Health	(SDOH)	Social Determinants of Health
(MH)	Mental Health	(WELL)	Wellness

Friday 3:45 pm - 4:45 pm

S24 (PTSIP)

Ballroom C

S25 (MCH) (F)

552A

S26 (SDOH) (NUTRI)

552B

S27 (DMCC)

551A

S28 (ADV)

551B

S29 (REPRO)

556A

S30 (MH)

556B

S31 (ACGME)

557

S32 (INN)

Ballroom B

Friday 3:45 pm - 4:45 pm

RPO5 (RESQI) (WELL)

558B

RPO6 (RESQI) (MCH)

558B

Friday 3:45 pm - 4:45 pm

LD13 (DMCC) (RM)

553A

LD14 (DMCC)

553A

LD15 (COVID)

553A

SEMINARS

Transitioning From Residency to Your First Job

William Callahan DO, David D'Urso

Innovative Strategy for Teaching Prenatal Care

Jenny Pisculli MD, Megan Barker MD, Caroline LaFave DO

Preventative Medicine - Evidence Based Nutrition and Exercise Advice for Patients and Education for Providers

Emily Eshleman DO, Lee Mancini MD, CSCS*D, CSN, Sam Cohen DO, Nicholas Martin MD, Adam Ridley MD

Updated Guidelines on Heart Failure - Are You Up To Date?

Samuel Sandowski MD

How to Build an Advocacy Track Within Your Residency Program

Jennifer Buckley MD, Marie-Elizabeth Ramas, MD, FAAFP, Alex Brown PhD

Primary Reproductive Healthcare for People Living with HIV

Ellen Tattelman MD, Cara Coren MD, MPH, H. Reeve Bright MD, MPH, MS

Shifting the Paradigm: Moving Away from Police Response to Mental Health Crises

Nicholas Lozano MBS, MPH, BA

What can AFMRD Do to Support Your Program? We're All in This Together

Donald "Raj" Woolever, MD, FAAFP, Wendy Barr MD, MPH, MSCE, FAAFP

FMEC Healthcare Innovators Network (See page 15 for full agenda)

Laurence Bauer MSW, MEd

RESEARCH PRESENTATIONS – Group #3 (30 Minutes Each)

Does a Brief Mindful Breathing Exercise Lower Repeat Blood Pressure?

Jessica Bloom-Foster MD, Alyssa Leveque DO

Examining a Modifiable Risk for Miscarriage

Marguerite Duane MD, MHA, MSPH, FAAFP, Sarah Toates MS3

LECTURE DISCUSSION – Group #5 (20 Minutes Each)

Primary HIV Care in Non Urban Community

Jeanne Spencer MD, Jason Burmeister MD

Meeting the Challenge of HPV Vaccination

Antoinette Abou Haidar MD, Hemalatha Senthikumar MD, Francheska Caminero DO

Understanding and Approaching Vaccine Hesitancy in the COVID-19 Age

Olawale Adeyemi MD, MPH

Visit the Exhibits!

Exhibitors provide critical support to the FMEC Annual Meeting, and they educate you and your residency programs about new products and services that you need. Please take time to learn from the exhibitors.

Exhibit Location:

Ballroom Prefunction, 5th Floor

Exhibit Hours:

Friday, 3:00 pm – 5:30 pm

Saturday: 9:00 am – 5:00 pm

Friday 3:45 pm - 4:45 pm

LD16 (DMCC)
553B

LD17 (DMCC)
553B

LD18 (DMCC)
553B

Friday 3:45 pm - 4:45 pm

LD19 (F) (R) (S)
550A

LD20 (NM)
550A

LD21 (MCH)
550A

Friday 4:45 pm - 5:30 pm

Ballroom Prefunction, 5th Floor

Friday 5:30 pm - 7:00 pm

Ballroom A-D-E, 5th Floor

Friday 7:00 pm - 9:00 pm

Exhibition Hall D, 3rd Floor

LECTURE DISCUSSION – Group #6 (20 Minutes Each)

Diagnosis and Management of Pediatric Asthma: 2022 Updates to the Global Initiative for Asthma (GINA) Guidelines

Haneen Hussein DO, MS, Kathryn McKenna MD, MPH

De-Confounding Carcinoid Syndrome

Maya Prabhu MD, Hillary Mount MD

Acne Management in Primary Care

Mindy Brittner MD, MS, Sayeeda Chowdhury MD, Brittany Jacob MD

LECTURE DISCUSSION – Group #7 (20 Minutes Each)

Join the Age Friendly Health Systems Movement

Ritamarie Moscola MD, MPH

Exploring Intergenerational Programs in Nursing Facilities

Consuelo Alvarez MD, MNA, Ritamarie Moscola MD, MPH

The Width and Breadth of FMOB in Rhode Island

Mary Beth Sutter MD, Jennifer Buckley MD, Kate McCleary MD, Susanna Magee MD

Evening Break and Visit with the Exhibitors

Welcome, Awards, and Dinner

Leon McCrea, II, MD, MPH

Pam Vnenchak, MD

Family Physicians Changing Our World Award

James J. Ledwith, Jr., MD, FAAFP

UMass Fitchburg Family Medicine Residency

Department of Family Medicine and Community Health

UMass Chan Medical School

This We Believe Award

Sonya Levine, OMS-IV – “The Body Electric”

Philadelphia College of Osteopathic Medicine

Emerging Leaders Award

Chelsea A. Faso, MD

Amsterdam Family Health Center, Institute for Family Health

Innes Tounkel, MD

Jefferson Family and Community Medicine Residency

Plenary Session

Izzy Lowell, MD

How Family Medicine Can Solve the Transgender Humanitarian Crisis in the US

Residency Fair

7:00 am – 7:00 pm

Exhibition Hall Prefunction, 3rd Floor

7:00 am – 8:00 am

Rotunda, 5th Floor

7:00 am - 7:45 am

Ballroom Prefunction, 5th Floor

7:00 am - 7:45 am

Ballroom A-D-E, 5th Floor

7:45 am - 9:15 am

Ballroom A-D-E, 5th Floor

Conference Registration

PAFP Program Director Assembly Breakfast Meeting

Molly Talley

Breakfast

Breakfast Table Discussions

See the complete list of Breakfast Table Discussions on page 52

Welcome, Awards and Plenary Session

Donald "Raj" Woolever, MD, FAAFP

Chrissy A. Alexander, MD

This We Believe Award

Stacey Nickoloff, DO – “I Believe in Millennials”

Program Director, Forbes Family Medicine Residency Program
Allegheny Health Network

Mid-Career Faculty Achievement Award

Brintha Vasagar, MD, MPH, FAAFP

Bayhealth Medical Center

Stephanie L. Ballard, PharmD, BCPS, BCACP

UPMC Shadyside Family Medicine Residency

Creative Writing Awards – Prose

Maureen Litchman, MD – 1st place prose – “Not Knowing”

The Wright Center for Graduate Education

Sukanya Srinivasan, MD, MPH – 2nd place prose –

“It’s Complicated: Thoughts on a Personal Grief Journey”

UPMC McKeesport Family Medicine Residency

Penn Plum Family Medicine

Brianna Moyer, MD – 3rd place prose – “Is This Normal?”

Associate Director

Penn Medicine Lancaster General Health Family Medicine Residency Program

Steffany Moreno, MS, OMS IV - Prose Honorable Mention – “An Oath”

Philadelphia College of Osteopathic Medicine

Plenary Session

Renee Crichlow, MD, FAAFP

We Got This Family Medicine

Programming

Saturday, October 14

Saturday 9:00 am - 5:00 pm

Ballroom Prefunction, 5th Floor

Saturday 9:15 am - 9:45 am

Ballroom Prefunction, 5th Floor

Saturday 9:45 am - 10:45 am

W12 (OSTEO)

555A

W13 (PRO)

555B

W14 (WELL)

556B

W15 (F)

557

W16 (REPRO)

Ballroom C

Saturday 9:45 am - 10:45 am

S33 (MCH)

550A

S34 (IM)

552A

S35 (DMCC)

552B

S36 (DEI)

551A

S37 (ADV)

551B

S38 (DEI)

554B

S39 (DMCC)

554A

S40 (POCUS)

556A

Exhibit Booth Hours

Morning Break and Visit with the Exhibitors

WORKSHOPS

OMM for Acute ENT Conditions/Upper Respiratory Infections

Theresa Yurkonis DO, MHSA, Forum Sanghavi DO, Christina Scartozzi DO

Common Musculoskeletal Injection Techniques in Family Medicine: Hip and Hand Injections

Joseph Tribuna MD, Matthew Resciniti DO, George Maxted MD

Feel the Breath, Reduce the Stress: Practical MBSR & SKY Breathing Techniques to Incorporate into Your Residency Program or Practice

Nicole Elizabeth Delgado-Salisbury EdD, Sonia Velez MD, JD, Rodika Coloka-Kump DO

How to Conduct Behavioral Interviewing for Resident Applicants

Martha Metzgar DO, FAAFP, Cam Lam MD, FAAFP, Nicole Dejesus, Courtney Humphrey MD, FAAFP

Abortion with Pills 101: Misoprostol & Mifepristone Basics

Ksenia Varlyguina MPH, Heather Paladine MD, MEd, FAAFP, Megan Gilroy BA, Christa Wilk BS, BA

SEMINARS

Early Pregnancy Loss Diagnosis and Management

Julie Johnston MD, Azmina Bhayani MD, MPH, Taylor Lautzenheiser MD, Rachel Weinstock MD

Lifestyle Medicine and Family Medicine: A Perfect Partnership

Sarah Morchen MD

Achieving Equitable Care: Hereditary Cancer Risk Assessment & Testing

Elise Laflamme MD

Ensuring a Seat at the Table: Strategies for Inclusion

Suganya Mahinthan MD, Katherine Holmes MD, Jocelyn Young DO

Advocacy and Leadership for Medical Students and Residents

Jennifer Buckley MD, Marie-Elizabeth Ramas, MD, FAAFP, Alex Brown PhD

You Better Werk! LGBTQ Care in the PCP Office

Jason Latsky MD

Looking Under the Hood with Three USPSTF Guidelines:

A Guide to Critical Analysis of Guidelines

David Anthony MD, MSc, Cara Murphy BA

The Point of Care Ultrasound Train - How to Hitch a Ride and Building a POCUS Residency Curriculum and DIY Phantom Construction

John Hanicak MD, Daniel Cunningham MD, MS

Saturday 9:45 am - 10:45 am

RPO7 (RESQI) (MCH)

550B

RPO8 (RESQI)

550B

Saturday 9:45 am - 10:45 am

LD22 (F)

553A

LD23 (F)

553A

LD24 (F) (R)

553A

RESEARCH PRESENTATIONS – Group #4 (30 Minutes Each)

Evaluation of an Online Fertility Awareness Elective and its Impact on Anticipated Practice Behaviors and Referrals of Courses on FABMs for Women’s Health, Fertility Awareness, and Family Planning

Marguerite Duane MD, MHA, MSPH, FAAFP, Allison Jakiel DO Student, Abigail Blake DO Student, Andrea Velazquez DO Student

Improving the Outcomes of Population HbA1C Targets and Testing in an Underserved Community Clinic

Eric Kim MD, PhD, Nhi Bui DO, Sabrina Tahseen DO, Andrew Lindsay MD, Jaividhya Dasarathy MD, FAAFP

LECTURE DISCUSSION – Group #8 (20 Minutes Each)

A Longitudinal Curriculum to Enhance Intern Transition into Residency Training

Raghda Bchech MD, Kaitlin O'Malley MD, MPH

Gone But Not Forgotten: How to Integrate Resident Transfers Into Your Program

Reid Windmiller MD, Lin Peters MPH, Sandra Snyder DO, Carl Tyler MD, MSc

Communication is Key: Training Resident Physicians to Care for Adults with Developmental Disabilities

Carl Tyler MD, MSc, Lin Peters MPH

TRACKS

(ACGME)	Accreditation Council for Graduate Medical Education	(NT)	Nutrition
(ADSU)	Addiction/Substance Use	(OSTEO)	Osteopathic
(ADV)	Advocacy	(POCUS)	Point of Care Ultrasound
(NM)	Art/Narrative Medicine	(PRO)	Procedures
(CE)	Community Engagement or Involvement	(PTSIP)	Preparing to Succeed in Practice
(COVID)	Covid 19	(RESQI)	Research/Quality Improvement
(DEI)	Diversity, Equity and Inclusion	(R)	Resident
(DMCC)	Disease Management/Clinical Care	(REPRO)	Reproductive Health Care
(F)	Faculty	(RESQI)	Research/Quality Improvement
(IH)	Integrative Med/Whole Person Health	(RM)	Rural Medicine
(INN)	Innovation	(S)	Student
(MCH)	Maternal and Child Health	(SDOH)	Social Determinants of Health
(MH)	Mental Health	(WELL)	Wellness

Saturday 9:45 am - 10:45 am

LD25 (F)
553A

LD26 (RURAL)
553A

LD27 (F)
553A

LECTURE DISCUSSION – Group #9 (20 Minutes Each)

2023andMe: Revamping Residency Curriculum to Balance Program Scope and Individual Goals

Emily Brown MD, AAHIVS, Kathryn McKenna MD, MPH

From Pawtucket to Block Island: Creating a Rural Medicine Experience for Residents Without Crossing State Lines

Charles Hackett MD, FAAFP, Alison Warfel PhD, MEd, ATC,
Thomas Warcup DO, MHA, Fadya El Rayess MD, MPH

Utilizing the ECHO Educational Model to Democratize Specialist Knowledge to Primary Care Team Members in Rhode Island

Mary Beth Sutter MD, FAAFP, Ben Adler MD, Andrea Arena MD,
Fadya El Rayess MD, MPH, Roberta E. Goldman, Catherine Conley,
Daria Szkwarko DO, MPH

Saturday 9:45 am – 10:45 am

PaperO1 (F) (R)
558B

PaperO2 (ADV)
558B

PaperO3 (RESQI) (ACGME)
558B

PaperO4 (DMCC)
558B

PAPER PRESENTATIONS – Group #1 (15 Minutes Each)

Simulation-Based Residency Education in Common Outpatient Procedures

Hyung Jin Lim DO PGY 2, Sukanya Srinivasan MD, Yui Sugiura DO

Improving Patient Voting Initiatives for Hospitalized Patients

Kirsten Ward MD, Kallie Fehr MD, Deanna Gorgei DO, Kelly Moyer BS,
Henrique Jaime MD

Family Medicine Resident Understanding and Application of Evidenced Based Medicine with a Structured Journal Club Curriculum

Christopher Lee BS, MD, Andrew Slater DO, Aziza Yuldasheva BS, MD,
Alexis Reedy-Cooper MD, MPH, Theresa Yurkonis DO

The Impact of Academic Detailing on Lung Cancer Screening Rates

Andrew Shenoi MD

Saturday 11:00 am – 12:00 pm

W17 (OSTEO)
555A

90-minute workshop
W18 (PRO) (MCH)
555B

W19 (MCH) (F) (R) (S)
556A

W20 (NM)
557

WORKSHOPS

Osteopathic Approach to Low Back Pain

Kathleen Sweeney DO, Jacquelin Fabina DO,
Megan Maurer DO, Dip ABOM, DipABLM

The Papaya Workshop: A Hands-On Uterine Aspiration Training

Heather Paladine MD, MEd, FAAFP, Ksenia Varlyguina MPH, CPH,
Maya Bass MD, MA, FAAFP, Ian Lague MS, BA,
Caitlin Weber MD, MS, IBCLC, FAAFP

Incorporating Lactation into Family Medicine Residency Curriculum

Jennifer Somers MD, IBCLC, Hannah Pearson MD, Taylor Lautzenhizer MD

Beyond the Stethoscope: Art in the Context of Family Medicine

Sai Kurapati BS, MS, Camille Moeckel BA, Katrina Bakhl BA

Saturday 11:00 am - 12:00 pm SEMINARS

S41 (MCH) (REPRO)
550A

Medication Abortion Update
Brittany Jacob MD, Chelsea Faso MD, Mara Phelan MD, Caitlin Weber MD, MS, Mindy Brittner MD, MS

S42 (WELL)
552A

Creating Your Personal Health Plan to Prevent Burnout and Moral Injury
Magda Kowalczykowski MD

S43 (DMCC) (NUTRI)
552B

Obesity Medicine is Family Medicine
Gregory Dobash MD, FAAFP, FAWM, FASAM, Sravanthi Kubireddi MD

S44 (DEI) (F) (R) (S)
551A

How to Have Respectful Conversations on Difficult Topics
Robert Motley MD, MHCDS, Laurence Bauer MSW, MEd

S45 (R) (S)
551B

You're An FMIG Leader, Now What?
Adam Bradley MM, Jaime Ssegundo, Julia Schulte

S46 (F) (R) (S)
554B

Meet the Editors: Annals of Family Medicine
Caroline Richardson MD, Therese Zink MD, MPH

S47 (SDOH)
554A

Expanding the Scope of M&M Conferences Using the No BLUE M&M Model
Renata Carneiro PhD, Gwendolyn Derricotte DO, Nidhi Kumar MD, Natalia Lapko MD

Saturday 11:00 am – 12:00 pm RESEARCH PRESENTATIONS – Group #5 (30 Minutes Each)

RPO9 (RESQI) (MCH)
550B

Exploring Unintended Pregnancy Among Women with Opioid Use Disorder
Kelley Harmon DO

RP10 (DMCC)
550B

Looking Back So We Can Move Forward: Re-vamping Transitional Care From Inpatient to Outpatient
Megan Mendez Miller DO, Chris Davis MD, Kyle Burke DO, Frank Satriale MD, Michelle Shaffer CRNP

Saturday 11:00 am - 12:00 pm LECTURE DISCUSSION – Group #10 (20 Minutes Each)

LD28 (REPRO) (MCH)
553A

PROMOTE OB: An Innovative Curriculum Enhancement To Address Maternal Child Health Outcomes Within FM Residency Training
Jennifer Cohn MD, Mario DeMarco MD, MPH

LD29 (MCH)
553A

Enhancing Patient Advocacy and Improving Maternal and Fetal Outcomes Through Birth Plans
Ina Bodinaku MD, Elise LaFlamme MD

LD30 (MCH) (ADSU)
553A

Opioid Dependence Management in Pregnancy
Eric Rosenthal DO

Saturday 11:00 am - 12:00 pm

LD31 (CE)

553B

LD32 (CE)

553B

LD33 (F)

553B

Saturday 11:00 am - 12:00 pm

Paper05 (REPRO) (R)

558B

Paper06 (REPRO) (MCH)

558B

Paper07 (DMCC)

558B

Paper08 (PTSIP)

558B

Saturday 11:00 am - 12:00 pm

SPO1 (F)

Ballroom C

SPO2 (SDOH)

Ballroom C

SPO3 (RESQI)

Ballroom C

SPO4 (ADSU) (RURAL)

Ballroom C

SPO5 (RESQI)

Ballroom C

SPO6 (RESQI)

Ballroom C

SPO7 (RESQI) (COVID)

Ballroom C

LECTURE DISCUSSION – Group #11 (20 Minutes Each)

Community-Clinic Collaborations

Katherine Holmes MD, Henika Kaura MD, Joseph Gianetta MD

Integrating Community Collaborations into Residency Education

Kenia Mansilla-Rivera MD, Oyinda Tunde-Byass MD, Adelaide Sefah MD, Adriane Lui MD

Teaching Epic SlicerDicer: Self-Service Reporting Tools for Residency Quality Improvement

Katherine Liang MD, Eric Kim MD, PhD, Allison Myers MD, MPH, Jaividhya Dasarathy MD, FAAFP

PAPER PRESENTATIONS – Group #2 (15 Minutes Each)

Advancing Family Medicine Resident Education in Gynecology

Clara Keegan MD, Astrid Kempainen MD

The 4th Trimester Model of Care: Can it Improve Outcomes for Patients with Pregnancy Risks and Complications?

Hannah Jackel-Dewhurst BA, Mackenzie Palmer BA, Carly Eiduson BA, Shifra Mincer MD, Mario DeMarco MD, MPH

Going Anti-viral Quality Improvement Study: Universal Guideline-Directed HIV and Hepatitis C Screens and HPV Vaccinations in Three Residency Family Medicine Centers

Ellen Barry MD, Ann McGaffey MD, FAAFP, Andrew Gerlach PhD, Tricia Nowalk PhD

House Calls on 42nd Avenue

Marguerite Duane MD, MHA, MSPH, FAAFP

SPEED PRESENTATIONS (5 Minutes Each)

Releasing the Baby Alligators

Rebecca Collins DO, MPH, FAAFP, CPE, London Muse MD, FAAFP, Samantha Rai MD

Superhero Medicine -- Can Volunteerism Heal the Healer And the Patient?

John Hanicak MD

A Study on the Implementation of a Hepatitis C Treatment Protocol in a Primary Care Residency Clinic

Deborah Pinto MD, MPH, Thomas Busch MD

Addiction Track in a Rural Program

Biju Babu MD, Gregory Dobash MD, Gayathri Gurumurthy MD, Steven Picozzo MD

Breaking the Silence: A Pilot Program in Communication for Primary Care Residencies

Renata Carneiro PhD, Dania Mosquera MS

Anxiety, Depression, and Cardiovascular Disease Risk Factors

Megan Claypool BS, Ma'at Mack BS

COVID-19's Impact on Continuity of Care with Use of Telemedicine at the Brooklyn Free Clinic

Carolyn "McKenzie" Andrews MPH, MAT, Carla Boutin-Foster MD

SPO8 (F)

Ballroom C

SPO9 (SDOH)

Ballroom C

SP10 (SDOH)

Ballroom C

Saturday 11:00 am - 12:00 pm

CSS01 (F)

556B

CSS02 (SDOH)

556B

CSS03 (S)

556B

CSS04 (PTSIP)

556B

Saturday 12:00 pm - 2:00 pm

Providence Room

Saturday 12:00 pm - 2:00 pm

Ballroom B

Saturday 12:00 pm - 2:00 pm

Exhibition Hall Prefunction, 3rd Floor

Saturday 2:00 pm - 3:00 pm

W21 (OSTEO)

555A

W22 (PRO)

555B

W23 (DEI)

556A

W24 (RESQI)

557

Implementation of a Longitudinal Faculty Development Curriculum

Roger Musa MD

Exploring the Impact of Healthy Literacy Workshops and Mobile Clinic on Community Engagement

Manvita Mareboina BS, Diana Orabueze BS,

Adaptive Recreation Referral Opportunities for Patients with Disabilities

Christa Wilk BS, BA

CLINICAL SUCCESS STORIES PRESENTATIONS (15 Minutes Each)

Teaching and Learning in the Outpatient Setting

Joanne Wilkinson MD, MSc

Earl

Gregory Dobash MD, FAAFP, FAWM, FASAM

Overnight Call

Joanne Wilkinson MD, MSc

Joining the Speciality Group

Donald Pine MD

Program Coordinator's Networking Meeting

Bring your boxed lunch to the Providence Room

Clinical Camp Tables

Session #1, 12:00 pm – 12:45 pm

Session #2, 1:15 pm – 2:00 pm

See complete list of Clinical Camp Tables on page 53

Poster Sessions

Session #1, 12:00 pm – 12:45 pm

Session #2, 1:15 pm – 2:00 pm

See complete list of Posters on pages 54 - 61

WORKSHOPS

Osteopathic Manipulation: Applications for Improving Function and Comfort During Pregnancy

Nikki Young DO

Joint Injection Workshop: Shoulder and Knee

Thomas Phillips MD, Roshan Nair DO, Donald Beckstead MD, William Olstein DO

Beyond Pipelines: Inspiring Pathways to Family Medicine

Aaron George DO, Donald "Raj" Woolever, MD, FAAFP

Autoethnography: What Is It and How Do We Do It?

Lewis Mehl-Madrone MD, PhD, Josie Conte DO, Barbara Mainguy MA, MSW

Saturday 2:00 pm - 3:00 pm

S48 (MCH)
550A

S49 (WELL)
552A

S50(DMCC) (SDOH)
552B

S51 (DEI)
551A

S52 (F) (R) (S)
551B

S53 (F) (R) (S)
554B

S54 (S)
554A

Saturday 2:00 pm - 3:00 pm

RP11 (RESQI) (WELL)
550B

RP12 (RESQI) (MCH)
550B

Saturday 2:00 pm - 3:00 pm

LD34 (R) (S)
553A

LD35 (F)
553A

LD36 (F) (R)
553A

SEMINARS

Infertility: A Case Study of A Novel Approach to the Management of this Chronic Disease

Marguerite Duane MD, MHA, MSPH, FAAFP, Katelyn Bradley MD, BS, Conor Bradley MD, BS

Stop Taking Time for Granted

Maureen Litchman MD

Incorporating the Social Context of Patient's Lives into Diabetes Treatment Plans

Arnold Goldberg MD, David Kelvey, Roberta Goldman PhD, Caroline Richardson MD

Anti-Racism Community Collaborative in Healthcare (ARCCH): Addressing Systemic Racism In Healthcare Through Storytelling and Dialogue Between Providers and Community

Tanya White-Davis PsyD, Ekua Ansah-Samuels MPH, Ellen Tattelman MD, Alexandra Perez BS, Heather Archer-Dyer MPH, CHES

Oh \$&@*/?! Could This Day Get Any Worse? How to Hack Presentation Disasters

Gretchen Shelesky MD, MS, FAAFP

The Promise and Challenge of Reflective Writing

Paul Gross MD, Jonathan Han MD

Interviewing Tips 101 for Medical Students

Ryan Arias DO, Joyce Robert MD

RESEARCH PRESENTATIONS – Group #6 (30 Minutes Each)

Lifestyle Medicine: Six Keys to Happier Residents?

Ashley Legg DO, MBA, David McPherson MD, Lynne Unikel PhD

Aspirin in Pregnancy

Lily Black MD, Jennifer Cohn MD, Jenny Wang MD, Melissa Donze MPH, Mario DeMarco MD

LECTURE DISCUSSIONS – Group #12 (20 Minutes Each)

Family Medicine MS4/AI Bootcamp Course: What ACTUALLY Helps as Family Medicine Interns Start Residency?

Megan Mendez Miller DO, Morgan Chambers MD, Michael Partin MD, David Richard MD

Improving Quality Improvement

Chasity Spagnola DO, Stacey Robert MD, Kaley Gonzalez MD

Medical Assistant and Resident Partnerships

Judy Fleishman PhD, Janell Corbett

Saturday 2:00 pm - 3:00 pm

LD37 (DEI)
553B

LD38 (DEI)
553B

LD39 (DEI)
553B

Saturday 2:00 pm - 3:00 pm

Paper09 (REPRO) (MCH)
558B

Paper10 (RESQI) (ACGME) (F) (R)
558B

Paper11 (REPRO)
558B

Paper12 (DEI)
558B

Saturday 3:15 pm – 4:45 pm

90-minute workshop
W25 (OSTEO)
555A

90-minute workshop
W26 (PRO)
555B

90-minute workshop
W27 (DMCC)
556B

90-minute workshop
W28 (PRO)
557

LECTURE DISCUSSIONS – Group #13 (20 Minutes Each)

Interdisciplinary Family Medicine Clinic for the Immigrant and Refugee Populations And Opportunities for Learners
Lillian Hetson MD MA, Stephanie Wentzel MD MPH

LGBTQIA+ in Primary Care
Jason Latsky MD

Out of the Closet: Accurately Identifying Gender and Sexual Minorities in Clinics and the Importance of Such
Frank Minio DO, Mary Rose Puthiyamadam MD, Sean Donegan MD

PAPER PRESENTATIONS – Group #3 (15 Minutes Each)

The Efficacy of Patient Education in Reducing the Rates of Short Interpregnancy Intervals
Kristen Bernas BS, MS, DO, Di Tran BS, DO, Jessica Smith BS, DO, Jenna Farquhar BS, MD, Lauren Cooper, Elizabeth Tupper MD

Cleaning Up Clinical Documentation: Improving Inpatient Progress Notes with a Targeted Curriculum—A Quality Improvement Project
Brian Pickering DO

Incorporating Abortion Training into Residency Curriculum Improved Resident Competencies
Rebecca Collins DO, MPH, FAAFP, CPE, Samantha Rai MD, Sara Paul MD, Samantha Cardoso Leitenberger, MPA

Theoretical Framework to Overcome Implicit Bias
Renata Carneiro PhD, Judy Abu-Brown MD, Richa Sharma MD

WORKSHOPS

Osteopathic and Integrative Approaches to Patients with Developmental Disabilities
Mark Scheuerman MD, MBS, Michaela Lei DO, Monica Meyer MD

Musculoskeletal Ultrasound Workshop Proposal
Thomas Phillips MD, Roshan Nair DO, William Olstein DO

Family Medicine in the Wild: Practical Skills Session
Lauren Nadkarni MD

IUD Workshop
Molly Stegman BS, Kristen Grine DO, Stacy Bartlett MD, Zachary Kosakk MD, Alisa Liu MD

Saturday 3:15 pm – 4:15 pm

S55 (MCH) (F)

550A

S56 (MCH)

552A

S57 (DMCC)

552B

S58 (DMCC) (NUTRI)

551A

S59 (DEI)

551B

S60 (MCH) (NUTRI)

554B

S61 (R) (S)

554A

S62 (DMCC)

556A

Saturday 3:15 pm – 4:15 pm

RP13 (RESQI) (DEI)

550B

RP14 (RESQI)

550B

Saturday 3:15 pm – 4:15 pm

LD40 (OSTEO)

553A

LD41 (OSTEO)

553A

LD42 (F)

553A

SEMINARS

Teaching Strategies for Managing Pregnancy with Opioid Use Disorder

Kelley Harmon DO, Jenny Pisculli MD, Megan Barker MD

A Day in the Life of a FM/OB Fellow: Applying, Working and Job Finding

Tamara Chin DO, Elizabeth Meyer MD, Jessica Johnson MD, MPH,
Susanna Magee MD, MPH

Medical Cannabis for Family Physicians

Gretchen Maurer DO, MS

Interrogating "Pediatric Obesity" Guidelines

Martha Renn MD, Shean Hinds MD

An Introduction to and Discussion on Racial Disparities in Sickle Cell Disease

Aerial Petty DO, Himabindu Ekanadham MD

Optimizing Newborn Feeding and Weight Monitoring in a Family Medicine Resident Clinic: A Longitudinal Population Health Project

Bryce Ringwald MD, Stephen Auciello MD, Joseph Ginty MD, FAAFP, Emily Gorman DO

Fellowship and Beyond

Kate Kelley MD, MPH, Bradley Eckert MD, MS

Cardiac Diagnostics: Take the Stress Out of Stress Testing

Cynthia Jeremiah MD, Brittany Reid MD

RESEARCH PRESENTATIONS – Group #7 (30 Minutes Each)

Improving (DEI) in Residency Recruitment: A Scoping Review

Jennifer Middleton MD, MPH, FAAFP, Ysaith Orellana Ascencio BS,
Nanette Lacuesta-Kimmel MD

ASA Prophylaxis for Clinic Patients: A Quality Improvement Initiative

Cynthia Tucker MD, Deborah Pinto MD, Heather Toskos MD

LECTURE DISCUSSIONS - Group #14 (20 Minutes Each)

Osteopathic Manipulative Medicine Family Medicine Residency Elective

Emily Gorman DO

Creation of an OMT Specific Referral in EPIC and the Implementation and Promotion of the Referral

Laura Bujold DO, MEd, Samuel Lawyer DO, Christina Corpus DO, Felix Vergilis DO

Practical Dermoscopy - Shedding Light on Better Patient Care

John Hanicak MD

Saturday 3:15 pm – 4:15 pm

LD43 (OSTEO) (DEI)

553B

LD44 (NM) (DMCC)

553B

LD45 (DMCC)

553B

LD46 (MH)

553B

Saturday 3:15 pm – 4:15 pm

Paper13 (COVID)

558B

Paper14 (F) (R)

558B

Paper15 (CE)

558B

Paper16 (ACGME) (F)

558B

Saturday 4:15 pm - 4:45 pm

Ballroom Prefunction, 5th Floor

Saturday 4:45 pm - 6:45 pm

Exhibition Hall D, 3rd Floor

Saturday 7:00 pm - 8:00 pm

Exhibition Hall D, 3rd Floor

Saturday 7:00 pm - 8:00 pm

Rotunda, 5th Floor

LECTURE DISCUSSIONS - Group #15 (20 Minutes Each)

Indigenous Roots of American Osteopathy

Lewis Mehl-Madrona MD, PhD, Josie Contie DO, Barbara Mainguy MA, MSW

Storytelling to Foster Impactful Conversations Around Hereditary Cancer in Young Women

Tracey Conti MD, Adam Perrin MD, BA

STOP-BANG Questionnaire, Home Sleep Apnea Testing or Polysomnography?

Nhi Bui DO

Medications Commonly used in Patients with Autism

Michael Raddock MD

PAPER PRESENTATIONS – Group #4 (15 Minutes Each)

Understanding the Impact of the COVID Pandemic on Faculty Development

Courtney Humphrey MD, FAAFP, Renata Carneiro PhD, LMFT

Sharing is Caring: Teaching the Art of Shared Decision-Making to Medical Students

Raghda Bchech MD, Jonathan Ignacio MD, MPH, Sumar Hayan MD

Community Partnership, Lessons Learned Implementing the Distribution of State-Sponsored Naloxone in Primary Care

Laura Beth Chamberlain MD

The Relationship Between Problem Solving Style and Patient Centered Care

Nicole Delgado-Salisbury, EdD, Francois Legagneur MD, Rodika Coloka-Kump DO, Sonia Velez MD, JD, Jennifer Ringstad MD

Afternoon Break and Visit with the Exhibitors

Residency Fair

Residency Fair

Booth Breakdown

NYSAFP

Reception

Visit the Exhibits!

Exhibitors provide critical support to the FMEC Annual Meeting, and they educate you and your residency programs about new products and services that you need. Please take time to learn from the exhibitors.

Exhibit Location:

Ballroom Prefunction, 5th Floor

Exhibit Hours:

Friday, 3:00 pm – 5:30 pm

Saturday: 9:00 am – 5:00 pm

7:00 am – 11:00 am

Exhibition Hall Prefunction, 3rd Floor

Conference Registration

7:30 am

Ballroom Prefunction, 5th Floor

Breakfast

7:30 am - 9:00 am

Ballroom A-D-E, 5th Floor

Welcome, Awards, and Plenary Session

Heather L. Paladine, MD

Scott G. Allen, MS

This We Believe Award

Lewis Wong, MD – *“Listening is Healing”*

PGY-3 Glen Cove/Northwell Health Family Medicine Residency

Creative Writing Awards - Poetry

Aimee Burke Valeras, PhD, LICSW – 1st place poetry – *“How to Talk About Pain”*

Faculty, NH Dartmouth Family Medicine Residency

Concord Hospital Family Health Center

Hailey Kindt, MSIV – 2nd place poetry – *“If You Read her Chart”*

Penn State College of Medicine

Jessica L. Faraci, MD – 3rd place poetry - *“Help”*

MaineHealth

Mid Coast Medical Group – Family Practice at Parkview

Visual Arts Awards

Aimee Burke Valeras, PhD, LICSW – 1st place photograph

entitled *“Hoping Against Hope”*

Faculty, NH Dartmouth Family Medicine Residency

Concord Hospital Family Health Center

Sruthi Srinivasan MSIV – Honorable Mention

Painting entitled *“Human Touch”*

Cooper Medical School of Rowan University

Plenary Session

Manisha Kumar, MD

Catalyst for Change: Increasing Access to Safe Abortion Care and Upholding

Bodily Autonomy

Sunday 9:00 am - 12:00 pm

551A

IMPLICIT Network Meeting

Mario DeMarco MD, MPH, Maha Shafqat MPH

Sunday 9:00 am - 10:00 am WORKSHOPS

W29 (OSTEO)

555A

Still Technique: Still Valuable Today

Brian Pickering DO, Craig Johnston DO

W30 (PRO) (MCH)

555B

In-Office Difficult Intrauterine Device (IUD) Removals for the Family Physician

Payal Patel MD, MS, Rayna Sobieski MD, Cara Coren MD, Bianca Lambert MD, Allison Paul MD, MPH

W31 (DMCC)

557

Unraveling the Mystery of Shoulder Pain Evaluation and Management

Susan Fidler MD, Bridget Smith MD, Kevin Franco DO

W32 (NM)

Ballroom C

EnVisioning Inclusive Digital Medical Media and Art

Diana Orabueze BS, Christa Wilk BS, BA, Manvita Mareboina BS, Katrina Bakhl BA, Jason Gong BS

Sunday 9:00 am - 10:00 am SEMINARS

S63 (MCH) (F)

550A

Seizing the Opportunity: Using New Requirements to Re-envision Your Care of Infants, Children, and Adolescents Curriculum

Shaylagh Cerulli MD, Caitlin D'Agata MD, Allen Shaughnessy PharmD, M.Med.Ed

S64 (MCH)

552A

Beyond the Gs and Ps: The Life-long Implications of Perinatal Health

Shifra Mincer MD, Hannah Jackel-Dewhurst BA, Carly Eiduson BA, Mackenzie Palmer BA, Scott Hartman MD, FAAFP

S65 (DMCC) (NUTRI)

552B

Nutrients in Family Medicine

Lewis Mehl-Madrona MD, PhD, Patrick McFarlane MA, LCSW, PMH-NP, FNP, Barbara Mainguy MA, MSW, Josie Conte DO

S66 (R) (S)

551B

Tips for International Medical Graduates to Maximize the Residency Recruitment Process

Ephraim Back MD, MPH, Colleen Quinn MD

S67 (WELL)

554B

Email Safety: 0 Days Since Last Stressful Email!

Gretchen Shelesky MD, FAAFP, Nicholas Owens PharmD, BCPS, FCPP

S68 (DMCC)

554A

Stop Size Stigma: Weight Inclusive Care Tools for Your Practice

Cortney Crespo MD, Tia Tucker MD, MPH, Madhuri Rao MD

S69 (DEI)

556A

Allies in Health Care: Using Narratives to Teach Healthcare Professionals

Bode Adebambo MD, Antoinette Abou-Haider MD

S70 (RESQI)

556B

Success with CERA: How to Build Educational Research Skills for Faculty and Residents

Heather Paladine MD, MEd, FAAFP, Wendy Barr MD, MPH, MSCE, FAAFP

Sunday 9:00 am – 10:00 am RESEARCH PRESENTATIONS – Group #8 (30 Minutes Each)

RP15 (RESQI) (DMCC)

550B

Identifying Barriers in Poorly Controlled Diabetics in Urban Inner-City Population

Varun Ravichandran BS, Nhi Bui DO, Jaividhya Dasarathy MD

RP16 (F)

550B

Teaching and Learning in the Outpatient Setting

Joanne Wilkinson MD, MSc, Roberta Goldman PhD, Daria Szkwarko MD, Jeffrey Borkan MD, PhD

Sunday 9:00 am - 10:00 am LECTURE DISCUSSIONS – Group #16 (20 Minutes Each)

LD47 (DEI)
553A

Promoting a More Inclusive Learning Environment by Enhancing Advising & the Evaluation Process

Marian Younge MD, Missy Gleckel MD, Gisele Arrey MD, Mel Ochoa Trochez MD, Fadya El Rayess MD, MPH

LD48 (DEI)
553A

Infusing Anti-Racist Objectives into Medical School Curriculum

Andria Matthews MD, MPH, Gian Grant-McGarvey MD

LD49 (IM)
553A

Mental Health and Lifestyle Medicine

Zach Sterling DO, Lynne Unikel PhD

Sunday 9:00 am - 10:00 am LECTURE DISCUSSIONS – Group #17 (20 Minutes Each)

LD50 (ADSU)
553B

Implementation of Office-Based Addiction Treatment in a Family Medicine Residency

Madeline Haas MD, Susannah Krickler MD, Maria Anache DO, Cindy Jiao MD, Veda Chandwani BS

LD51 (ADSU)
553B

Incorporating Medication Assisted Treatment for Opioid Use Disorder into Residency Training

Chasity Spagnola DO, Stacey Robert MD, Adelino Rodriguez MD

LD52 (ADSU)
553B

Evidence-Based Counseling on Cannabis Use

Brittany Jacob MD, Mindy Brittner MD, MS, FAAFP

Sunday 9:00 am - 10:00 am PAPER PRESENTATIONS – Group #5 (15 Minutes Each)

Paper18 (COVID)
558B

Trends in Metabolic Markers Among Over 12,000,000

Diabetic Patients During the COVID Pandemic

Eric Kim MD, PhD, Jaividhya Dasarathy MD, FAAFP

Paper19 (RESQI) (ACGME)
558B

Longitudinal Cohort Quality Improvement Curriculum

at a Rural FM Residency Program

James Liszewski MD

Paper20 (F) (R)
558B

Commemorative Naming, Renaming, and the Role of Medical History in Academic Medicine

Tequilla Manning MD, MPH, DIMPH

Sunday 10:00 am – 10:15 am Morning Break

Ballroom Prefunction

Sunday 10:15 am – 11:15 am WORKSHOPS

90-minute workshop
W33 (PRO) (MCH)
555B

Tips and Tricks for Ambulatory Gynecologic Procedure: Improving Access to Primary Gynecologic Care

Andrea Arena MD, Odinaka Anyanwu MD

W34 (F)
556B

HCC Coding: Leading by Learning and Learning to Teach

Daniel McCarter MD, FAAFP, Faisal Syed MD

W35 (F)
557

Program Director's Guide to Interviewing: Strolling Through the Match and Beyond

Karl Clebak MD, MHA, FAAFP, Roland Newman DO, Mike Partin MD

Sunday 10:15 am – 11:15 am SEMINARS

S71 (DMCC) (DEI)
550A

Up and Moving: Exercise and Hypertension in Black Patients
Kennedy Ovenseri DO, Nick Ralston DO

S72 (DMCC)
552A

The ABCs of CGMs
Amy Clouse MD, Neil Skolnik MD, Gabriella Petrongolo DO

S73 (F)
552B

Understanding FM Preceptor Motivations and Challenges
Jenna Elkhoury MD, Elizabeth Cote, Martha Seagrave PA-C, RN

S74 (DMCC)
551B

A New Approach to Informed Consent in Primary Care
Philip Day PhD, David Satin MD, MA

S75 (DEI)
554B

Ways to Respond to Microaggressions
Katherine Holmes MD, Suganya Mahinthan MD

S76 (DMCC)
554A

Trauma Informed Care: The New Standard of Primary Care
Elizabeth Meyer MD, Tamara Chin DO, Kira Neel MD, Jessica Johnson MD, MPH, Susanna Magee MD, MPH

S77 (REPRO)
556A

Patches and Pills and Rings, Oh My!
Jennifer Rosenbaum MD, Molly Cook MD, Julie Blossom-Hartley MD

Sunday 10:15 am – 11:15 am RESEARCH PRESENTATIONS – Group #9 (30 Minutes Each)

RP17 (DEI) (SDOH)
550B

Language Concordant Care: Impact on Spanish-Speaking Residents
Julie Blossom-Hartley MD, Fadya El-Rayess MD, MPH

RP18 (REPRO) (MCH)
550B

Say Less: How an East Coast FQHC Provides Options Counseling
Kira Neel MD, Elizabeth Meyer MD, Tamara Chin DO, Jessica Johnson MD, MPH, Susanna R. Magee MD, MPH

Sunday 10:15 am – 11:15 am LECTURE DISCUSSIONS – Group #18 (20 Minutes Each)

LD53 (DEI)
553A

Implementing Health Equity in Residency Education
Alisha Liggett MD, Mary Rose Puthiyamadham MD, Rebecca Collins, DO, MPH, FAAFP, CPE

LD54 (DMCC)
553A

Problem Solving Style and Patient Centered Care: Why Does a Doctor's Style Matter?
Nicole Delgado-Salisbury EdD

LD55 (DEI)
553A

The Case Against Race-Based GFR
Prabhdeep Uppal DO, MS, Benjamin Golden MD, Ashley Panicker MD, Omar Khan MD, MHS

Sunday 10:15 am – 11:15 am LECTURE DISCUSSIONS – Group #19 (20 Minutes Each)

LD56 (ADV)
553B

Writing Advocacy Letters to Support Medical Parole
Noa Nessim MD, William Grant MD, Sarah Baden MD, Cara Coren MD, Jessica Mitter Pardo MD

LD57 (DMCC)
553B

Integration of a Clinical Pharmacist and its Impact on Diabetes Management in Primary Care Clinics
Sesilya Whaley PharmD, Michael Partin MD

LD58 (MH) (SDOH)
553B

Treating Serious Mental Illness in Homeless Communities: Is it safe?
Michael Seidman MD, Kate Kelley MD

Sunday 10:15 am – 11:15 am PAPER PRESENTATIONS – Group #6 (15 Minutes Each)

Paper21 (COVID)
558B

Design and Impact of a Virtual Summer Pre-Health Program During the COVID-19 Pandemic

Michelle Nosratian Zarrin BA, Linda Forrester BS, Amarilys Cortijo MD

Paper22 (CE)
558B

Durable Medical Equipment Lending Library: Helping Patients and the Environment. A Residency Program Experience with Community Partnership

Kathleen Nurena MD, C. Annie Tucker MD, Gabby Forman MD

Paper23 (DMCC)
558B

Cognitive Reserve and the Scaffolding Model

Lewis Mehl-Madrona MD, PhD, Barbara Mainguy MA, MSW

Paper24 (MH) (NUTRI)
558B

Randomized, Controlled Trial of Multi-Nutrients for Bipolar Disorder

Lewis Mehl-Madrona MD, PhD, Patrick McFarlane MA, MSW, PMHNP, FNP

Sunday 11:30 am – 12:30 pm WORKSHOPS

90-minute workshop

W36 (PRO)
555A

Colposcopy

Kristina Gracey MD, MPH, Stacy Potts MD, MEd, Jillian Joseph PA, Cynthia Jeremiah MD

W37 (PRO)
557

Splinting Upper Extremity Injuries

Rabin Chandran MD

Sunday 11:30 am – 12:30 pm SEMINARS

S78 (MCH)
556B

Breastfeeding 101: The Basics of Lactation

Meghan Grant DO

S79 (MCH) (R) (S)
552A

Pregnancy of Unknown/Uncertain Location (PUL) and Ectopic Pregnancy Management

Taylor Lautzenhiser MD, Rebecca Joseph MD, MPH, Elise Laflamme MD

S80 (DMCC)
552B

Viral URI's

Jessica Faraci MD

S81 (F) (R) (S)
551B

Healthcare Reform and Single Payer: What Is It, and Why Should We Care?

Katerina Liong BS

S82 (DEI)
554B

From Our Lens: The Impact of Minority Morbidity and Mortality for Two African American Family Doctors

Amber Robins-Hickson MD, MBA, Jonathan Hickson MD, MPH

S83 (NM)
554A

Narrative Leadership: Signaling Safety and Inclusion through Storytelling

Jeremiah Essig MD, Victoria Boggiano MD MPH

S84 (WELL) (MH)
556A

Post-Traumatic Growth (PTG) - How Do We Grow From Our Trauma?

Zeeshan Baig DO, Lynne Unikel PhD

Sunday 11:30 am – 12:30 pm RESEARCH PRESENTATIONS – Group #10 (30 Minutes Each)

RP19 (RESQI) (DEI)
550B

Assessing Patient Experiences at the Shadyside Family Health Clinic in Pittsburgh, PA

Swetha Jasti BS, BA, Kayla Warren MPH, MS, BS, Lindsay Nakaishi MD, MPH, BS

Sunday 11:30 am – 12:30 pm LECTURE DISCUSSIONS – Group #20 (20 Minutes Each)

LD59 (F)
553A

Teaching Residents Psychiatry and Psychopharmacology using Research Domain Criteria

Lewis Mehl-Madrona MD, PhD, Barbara Mainguy MA, MSW, Josie Conte DO

LD60 (REPRO) (MCH)
553A

Primary Care Management of Infertility

Lauren Strohm DO

LD61 (ADV)
553A

Beyond PTSD: Challenges for IPV Survivors Seeking Safety Through Legal Means

Elizabeth Irvin MS1, Lucy M. Candib MD

Sunday 11:30 am – 12:30 pm LECTURE DISCUSSIONS – Group #21 (20 Minutes Each)

LD62 (WELL)
553B

How Learning How to Improve Patient's Lives May Improve Our Own

Theresa Yurkonis DO, MHSA, Forum Sanghavi DO, Alexander Lato MD

LD63 (WELL)
553B

Empathy, Ethics and Aesthetics: How to See, Feel and Transform Suffering

Hugh Blumenfeld MD, PhD

Sunday 11:30 am – 12:30 pm PAPER PRESENTATIONS – Group #7 (15 Minutes Each)

Paper25 (F) (R)
558B

Lessons Learned in Year One of a Clinic First Curriculum

Stacey Robert MD, Adelino Rodriguez MD

Paper26 (DEI)
558B

Appraisal Review of AGS Position Statement on Care of LGBT Older Adults

Miriam Uduebor MD, MPH

Paper27 (F)
558B

Pipeline Innovations: Tracking Interactions Across an FM Department

Hillary Mount MD, Jackie Knapke, Maya Prabhu

Paper28 (WELL) (R)
558B

The Residency Wellness Committee at Saint Joseph's Family Medicine Residency Program Teaches a Mindfulness Based Stress Reduction (MBSR) Course

Israel Nemet MD, Yardley Etienne MD, Nicole Delgado-Salisbury EdD, Sonia Velez MD, JD

Sunday 11:30 am – 12:30 pm PAPER PRESENTATIONS – Group #8 (15 Minutes Each)

Paper29 (MH) (SDOH)
550A

The Potential of Psychoeducational Materials to Facilitate Conversations About Discrimination and Depression

Gabrielle Yarru MD, Alan Roth DO, Gina Basello DO, Cameron Nienaber MD, Elizabeth Brondolo PhD

Paper30 (CE)
550A

Anti-Vaping Presentations in Schuylkill County Schools by the St Luke's Rural FM Program

Kristina Ramdial MD, MPH, MS, Gregory Dobash MD, FAAFP, FAWM

Sunday 12:30 pm

Conference Concludes

2023 FMEC Partners

*As of September 15, 2023

PRESIDENT LEVEL

UPMC Life Changing Medicine
UPMC Altoona Family Medicine Residency
UPMC Harrisburg Family Medicine Residency
UPMC Horizon Family Medicine Residency
UPMC Lititz Family Medicine Residency
UPMC McKeesport Family Medicine Residency Program
UPMC Rural Family Medicine Residency
UPMC Shadyside Family Medicine Residency Program
UPMC St. Margaret Family Medicine Residency Program
UPMC Williamsport Family Medicine Residency

PLATINUM LEVEL

Allegheny Health Network (AHN)/Highmark
Forbes Family Medicine Residency Program
Saint Vincent Family Medicine Residency Program
Atlantic Health System
Morristown Medical Center Program
Overlook Medical Center Family Medicine Residency
MetroHealth Medical Center
Case Western Reserve/MetroHealth Medical Center Family Medicine Residency
St. Luke's University Health Network
St. Luke's University Health Network FMR – Anderson
St. Luke's University Health Network FMR - Bethlehem
St. Luke's University Health Network FMR - Miners
St. Luke's University Health Network FMR - Sacred Heart
St. Luke's University Health Network FMR – Warren
WellSpan
WellSpan Good Samaritan Hospital FM Residency - Lebanon, PA
WellSpan York Hospital FM Residency Program - York, PA

GOLD LEVEL

Christiana Care Health System Family Medicine & Emergency Medicine/Family Medicine Residency Program
Christiana Care Health System Family Medicine Residency
Greater Lawrence Family Health Center
Lawrence Family Medicine Residency
HCA Healthcare
Tufts University School of Medicine: Portsmouth Regional Hospital Residency
LewisGale Medical Center Residency
LewisGale Hospital-Montgomery/VCOM Residency
Icahn School of Medicine at Mount Sinai Department of Family Medicine and Community Health
Harlem Residency in Family Medicine, in collaboration with Mount Sinai Hospital
Mid-Hudson Family Practice Residency Program, in collaboration with The Kingston Hospital
Mount Sinai Beth Israel Residency in Urban Family Medicine, with Mount Sinai Beth Israel Hospital
Jamaica Hospital Medical Center
Albert Einstein College of Medicine/Jamaica Hospital Medical Center Family Medicine Residency
Middlesex Family Medicine
Penn Medicine/Lancaster General Health
Lancaster General Hospital Family Medicine Residency
University of Pennsylvania Health System Family Medicine Residency
UMass Chan Medical School Department of Family Medicine and Community Health
UMass Chan Fitchburg Family Medicine Residency Program
UMass Chan Worcester Family Medicine Residency Program

To support and sustain the important and unique work of the FMEC, the FMEC offers medical schools, residency training programs, and health systems the opportunity to become an FMEC Partner. Partner levels range from \$1,000 to \$25,000 and over and come with benefits such as Residency Fair and registration discounts, free individual memberships for residents and faculty, job and fellowship advertising opportunities, and more.

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2023 FMEC Partners

*As of September 15, 2023

SILVER LEVEL

Boston Medical Center Department of Family Medicine
Cooper University Health Care/Cooper Medical School of Rowan University
Highland Family Medicine/University of Rochester Family Medicine Residency Program
Larner College of Medicine at the University of Vermont, Department of Family Medicine
Meritus Health/Meritus Family Medicine Residency
Montefiore Medical Center/Albert Einstein College of Medicine-Department of Family & Social Medicine
PennState Health
Phelps Family Medicine Residency Program
Ross University School of Medicine
Sidney Kimmel Medical College of Thomas Jefferson University
St. George's University School of Medicine
St. Matthews University School of Medicine
SUNY Downstate Medical Center
University of Connecticut School of Medicine

BRONZE LEVEL

Abington Family Medicine Residency Program
Albany Medical College Department of Family and Community Medicine
Butler Family Medicine Residency (Butler Health System)
Central Maine Medical Center Family Medicine Residency
Cleveland Clinic/Fairview Hospital
Conemaugh Memorial Medical Center Family Medicine Residency
Crozer-Keystone Family Medicine Residency Program
CUNY School of Medicine
Drexel Department of Family, Community, & Preventive Medicine
Duquesne University School of Osteopathic Medicine
Eastern Maine Medical Center Family Medicine Residency
Hackensack Meridian School of Medicine
Heritage Valley Family Medicine Residency Program
Hunterdon Family Medicine Residency Program
Indiana Regional Medical Center
Lewis Katz School of Medicine at Temple University
Maine-Dartmouth Family Medicine Residency
McLaren St. Luke's Family Medicine Residency
New York Institute of Technology College of Osteopathic Medicine (NYITCOM)
New York Medical College
New York Presbyterian/Columbia Family Medicine Residency Program
Northeast Ohio Medical University (NEOMED)
PennState College of Medicine
Philadelphia College of Osteopathic Medicine
Quinnipiac University Frank H. Netter MD School of Medicine Family Medicine Residency Program
Rutgers New Jersey Medical School
Stamford Hospital/Columbia University Family Medicine Residency
SUNY Upstate Medical University
The Ohio State University College of Medicine
Touro College of Osteopathic Medicine
University of Cincinnati Department of Family and Community Medicine
University of New England College of Osteopathic Medicine
University of Vermont Health Network - Champlain Valley Physicians Hospital Family Medicine Residency
Virginia Commonwealth University
West Virginia School of Osteopathic Medicine
West Virginia University
Wright State University Boonshoft SOM

Residency Fair Participants

*As of September 8, 2023

Programs are listed alphabetically by state, then alphabetically by organization name.

Booth #	Residency Program Name	City	State	Residency Director
1	Colorado Family Medicine Residencies	Denver	CO	Sabrina Mitchell, DO
2	ECHN Family Medicine Residency Program	Manchester	CT	Remi Mathews, MD
3	Middlesex Health Family Medicine	Middletown	CT	Kimberly Legere-Sharples, MD, MSMEd, FAAFP
4	Quinnipiac University Frank H. Netter MD School of Medicine Family Medicine Residency Program	Clinton	CT	Traci Marquis-Eydman, MD
5	Stamford Hospital-Columbia University Family Medicine Residency Program	Stamford	CT	Henry Yoon, MD
6	UConn School of Medicine Family Medicine Residency Program	Hartford	CT	Kenia Mansilla-Rivera, MD
7	Bayhealth Medical Center FMRP	Dover	DE	Brintha Vasagar, MD, MPH, FAAFP
8	Beebe Healthcare Family Medicine Residency	Millsboro	DE	Joyce Robert, MD, FAAFP
9	Christiana Care Health System Family Medicine & Emergency Medicine /Family Medicine Residency Program	Wilmington	DE	Erin Kavanaugh, MD, FAAFP
10	Saint Francis Family Medicine Residency Program	Wilmington	DE	Robert Monteleone, MD
11	Boston Medical Center Family Medicine Residency	Boston	MA	Suki Tepperberg, MD
12	Greenfield Family Medicine Residency	Greenfield	MA	Chandra Hartman, MD, FAAFP
13	Lawrence Family Medicine Residency	Lawrence	MA	Nicholas Weida, MD
14	Tufts University Family Medicine Residency Cambridge Health Alliance	Malden	MA	Caitlin D'Agata, MD
15	UMass Chan Fitchburg Family Medicine Residency	Fitchburg	MA	Beth Mazyck, MD
16	University of Massachusetts Chan Worcester Family Medicine Residency Program	Worcester	MA	Ginny Van Duyne, MD
17	MedStar Franklin Square Family Medicine Residency	Baltimore	MD	Michael Dwyer, MD
18	Meritus Health	Hagerstown	MD	Bradley Miller, DO
19	Acadia Hospital - Bangor Residency Program	Bangor	ME	Joshua Newman, MD
20	Central Maine Medical Center Family Medicine Residency	Lewiston	ME	Bethany Picker, MD
21	Maine-Dartmouth Family Medicine Residency	Augusta	ME	Kathryn Hoffmann, MD
22	Northern Light Eastern Maine Medical Center Family Medicine Residency	Bangor	ME	Sarah Irving, MD
23	Cheshire Medical Center/Dartmouth Health Family Medicine Residency	Keene	NH	Karl Dietrich, MD
24	Portsmouth Regional Hospital Family Medicine Residency Program - HCA Healthcare/ Tufts University School of Medicine	Portsmouth	NH	Donald "Raj" Woolever, MD, FAAFP
25	Capital Health Medical Center	Trenton	NJ	Marissa Stabile, DO
26	Cooper/ Cooper Medical School of Rowan University Family Medicine Program	Camden	NJ	Maya Bass, MD, MA, FAAFP
27	HMH Ocean University Medical Center	Brick	NJ	Kelly Ussery-Kronhaus, MD
28	Hunterdon Health	Flemington	NJ	Patricia Kroth, DO, MBA, FAAFP
29	Overlook Medical Center Family Medicine Residency	Summit	NJ	Joseph Tribuna, MD
30	Rutgers Health/RWJMS at CentraState Medical Center	Freehold	NJ	Maria Ciminelli, MD
31	St. Luke's University Health Network - Family Medicine - Warren Campus	Phillipsburg	NJ	Nandihni Veeraraghavan, MD

Residency Fair Participants

Booth #	Residency Program Name	City	State	Residency Director
32	Virtua Family Medicine Residency Voorhees	Voorhees	NJ	Mario Maffei, MD
33	Albany Medical Center Dept. of Family & Community Medicine	Albany	NY	Neil Mitnick, DO
34	Ellis Medicine Family Medicine Residency Program	Schenectady	NY	John Petrillo, DO
35	Icahn School of Medicine at Mount Sinai Downtown Residency in Urban Family Medicine	New York,	NY	Radeeb Akhtar, MD, MPH, AAHIVS
36	Icahn School of Medicine at Mount Sinai South Nassau Family Medicine Residency Program	Oceanside	NY	Anubhav Agarwal, MD
37	Institute for Family Health Harlem Residency in Family Medicine	New York	NY	Andrea Maritato, MD
38	Jamaica Hospital Medical Center	Jamaica	NY	Gina Basello, DO
39	Mid-Hudson Family Practice Residency - Institute for Family Health	Kingston	NY	Megan McMullan, MD
40	Montefiore Medical Center/Albert Einstein College of Medicine-Department of Family & Social Medicine	Bronx	NY	Joel Bumol, MD
41	NY Presbyterian-Columbia Family Medicine Residency Program	New York	NY	Heather Paladine MD, MEd, FAAFP
42	Phelps Family Medicine Residency Program	Sleepy Hollow	NY	Rebecca Collins, DO, MPH, FAAFP, CPE
43	Saratoga Hospital Family Medicine Residency Program	Saratoga Springs	NY	Ephraim Back, MD, MPH
44	St. Joseph's Hospital Health Center Family Medicine Residency	Syracuse	NY	Stephen Hoag, MD
45	SUNY Downstate Health Sciences University Program	Brooklyn	NY	Eve Faber, MD
46	SUNY Upstate Family Medicine	Syracuse	NY	R. Eugene Bailey, MD
47	SUNY/Auburn Community Hospital Rural Residency Program	Auburn	NY	Sultan Ripon, MD
48	United Health Services Hospitals Family Medicine Residency	Johnson City	NY	Dan Young, MD
49	United Memorial Medical Center	Batavia	NY	Elizabeth Loomis, MD, FAAFP
50	University at Buffalo Dept of Family Medicine Residency Program	Buffalo	NY	Robert Macek, MD
51	University of Rochester/ Highland Family Medicine Residency Program	Rochester	NY	David Holub, MD
52	University of Vermont Health Network - Champlain Valley Physicians Hospital Family Medicine Residency	Plattsburgh	NY	Marianna Worczak, MD
53	MetroHealth System/Case Western Reserve University Family Medicine Residency	Cleveland	OH	Amber Whited-Watson, DO
54	OhioHealth Grant Family Medicine	Columbus	OH	Alysia Herzog, MD
55	OhioHealth Riverside Family Medicine Residency Program	Columbus	OH	Steve Auciello, MD
56	Summa Barberton Family Practice	Barberton	OH	Lisa Schroeder, MD
57	The Christ Hospital/University of Cincinnati Family Medicine Residency	Cincinnati	OH	Megan Rich, MD
58	University of Cincinnati - West Chester Hospital	West Chester	OH	Bruce Gebhardt, MD
59	Abington Family Medicine Residency Program	Jenkintown	PA	John Russell, MD
60	Allegheny Health Network - Forbes Family Medicine Residency Program	Monroeville	PA	Stacey Nickoloff, DO

Residency Fair Participants

Booth #	Residency Program Name	City	State	Residency Director
61	Altoona Family Physicians	Altoona	PA	Donald Beckstead, MD, FAAFP
62	Bryn Mawr Hospital Family Medicine	Bryn Mawr	PA	Christine Black-Langenau, DO
63	Butler Family Medicine Residency	Butler	PA	Joseph Dougherty, MD
64	Conemaugh Family Medicine Residency Program	Johnstown	PA	Jeanne Spencer, MD
65	Crozer Health Family Medicine Residency Program	Springfield	PA	William Warning, MD
66	Delaware Valley Community Health	Philadelphia	PA	Brent Simmons, MD, FAAFP
67	Heritage Valley Family Medicine Residency Program	Beaver Falls	PA	Stephen Hagberg, MD
68	Lehigh Valley Health Network - Walter and Irene Baran Schuylkill Family Medicine Residency Program	Pottsville	PA	Mackenzie Mady, DO
69	Lehigh Valley Health Network Family Medicine Residency	Allentown	PA	Veronica Brohm, DO
70	Penn Medicine Lancaster General Hospital	Lititz	PA	Pamela Vnenchak, MD
71	Penn State Health St. Joseph Family and Community Medicine	Reading	PA	Alexis Reedy-Cooper, MD, MPH
72	Penn State Milton S. Hershey Medical Center/ Hershey Program	Hershey	PA	Karl T. Clebak, MD, MHA, FAAFP
73	Reading Hospital Family Medicine Residency Program	West Reading	PA	John Sheffield, MD
74	Saint Vincent Family Medicine Residency Program	Erie	PA	Tim Pelkowski, MD, MS, FAACP
75	Sidney Kimmel Medical College of Thomas Jefferson University	Philadelphia	PA	Marc Altshuler, MD
76	St. Luke's University Health Network - Family Medicine - Anderson Campus	Easton	PA	Andrew Goodbred, MD
77	St. Luke's University Health Network - Family Medicine - Bethlehem Campus	Bethlehem	PA	Nguyet Cam Lam, MD
78	St. Luke's University Health Network - Family Medicine - Miners Campus	Coaldale	PA	Thomas McGinley, MD
79	Temple University- Northwest Community Family Medicine Residency	Philadelphia	PA	Janet Cruz, MD
80	The Wright Center Family Medicine Residency	Scranton	PA	Taisei Suzuki, DO
81	UPenn Family Medicine	Philadelphia	PA	Jenny Wang, MD
82	UPMC Harrisburg Community Osteopathic - Family Medicine	Harrisburg	PA	Michael Yurkewicz, DO
83	UPMC Horizon	Farrell	PA	Martin Johns, MD
84	UPMC McKeesport Family Medicine Residency Program	McKeesport	PA	Jeffrey Jackson, MD
85	UPMC Rural Family Medicine Residency	Williamsport	PA	John Boll, DO
86	UPMC Shadyside FMR	Pittsburgh	PA	Jacqueline Weaver-Agostoni, DO, MPH, DipABLM, FACOFF
87	UPMC St. Margaret Family Medicine Residency Program	Pittsburgh	PA	Jon Han, MD
88	UPMC Williamsport Family Medicine Residency	Williamsport	PA	Dana Kirschner, DO
89	Washington Health System Family Medicine Residency Program	Washington	PA	Lauren O'Brien, MD
90	WellSpan Good Samaritan Hospital Residency Program	Lebanon	PA	Abdul Waheed, MD, MS, PHS, CPE, FAAFP
91	Wellspan York Hospital	York	PA	Stacey Robert, MD
92	Brown Family Medicine Residency	Pawtucket	RI	Fadya El Rayess, MD, MPH
93	UVM Family Medicine Residency Program	Milton	VT	Anne Morris, MD



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If you want to talk to a member of our team, please call **412-586-9285** or email **physicianrecruitment@upmc.edu**.

Breakfast Table Discussions

Saturday 7:00 am – 7:45am

Ballroom A-D-E, 5th Floor

BreakfastTable#01 (WELL)	Myth of Physician Wellness Sarah Baden MD, MAHA
BreakfastTable#02 (RESQI)	Systems Dynamics as Research Methodology Lewis Mehl-Madrona MD, PhD, Barbara Mainguy MA, MSW
BreakfastTable#03 (S)	Family Medicine Interest Group (FMIG) Member Breakfast Adam Bradley MM, Jaime Sesgundo, Julia Schulte
BreakfastTable#04 (F)	Is Your Residency Program Globally Minded? How to Overcome the Barriers to Create a Global Health Curriculum? Jaividhya Dasarathy MD, Kate Kelley MD, Chris Gillespie MD, Amber Whited MD
BreakfastTable#05 (REPRO)	Menstrual Cups and Menstrual Stigma Discussion in Clinical Care Cindy Jiao MD
BreakfastTable#06 (F) (S) (NUTRI)	Innovative Nutrition Curriculum in Medical Student Education Crystal Marquez MD
BreakfastTable#07 (DEI)	Promoting Diversity, Equity, Inclusion and Anti-Racism in an Academic Family Medicine Department Andria Matthews MD, MPH, Jacqueline Guajardo MA, PhD, Kiran Lorick MD, Gian Grant-McGarvey MD, Emeka Okwudili MD
BreakfastTable#08 (F)	Addressing Community Needs with Medical Learners: So You Want To Start a Student-Run Free Clinic...? Megan Mendez Miller DO
BreakfastTable#09 (R)	How Residents Can Learn Better Billing: HCC Risk Adjustment Stephanie Miller MD
BreakfastTable#10 (WELL)	Wonder Women at Work Hillary Mount MD, Hemalatha Senthilkumar MD, Maya Prabhu MD, Nhi Bui DO
BreakfastTable#11 (F)	Teaching Population Health Management Cameron Nienaber MD, Gina Basello DO
BreakfastTable#12 (REPRO)	An Innovative Approach to Treating Female Physician Infertility Anne Nolte MD, Gloria Singleton MS4
BreakfastTable#13 (WELL)	Burnout and Reinvention Michael Raddock MD
BreakfastTable#14 (MH)	Behavioral Healthcare for the Sheltered and Unsheltered Homeless Michael Seidman MD, Kate Kelley MD
BreakfastTable#15 (SDOH)	Health Equity and Advocacy in Practice: A Skills Based Elective Sabine Shaughnessy BA, Read Allen BA, Julia Small BS
BreakfastTable#16 (ADSU) (MCH)	Family Medicine Support of Families with Substance Use Disorder in the Pregnancy/ Parenting Period Mary Beth Sutter MD, Meera Nagarsheth MD, Jennifer Buckley MD
BreakfastTable#17 (DEI) (SDOH)	With Compassion- Let's Care for Our Refugee Patients Together Stephanie Wentzel MD, MPH, Lillian Hetson MD, MA
BreakfastTable#18 (NM) (DMCC)	Resident Perspective on Hereditary Breast Cancer/Narrative Medicine: Takeaways from a Unique Collaborative Nosheen Sandhu MD, Aakash Kaushik MD, Adam E. Perrin MD, FAAFP
BreakfastTable#19 (RESQI)	Informatics and Quality Improvement: How to Leverage Technology Katherine Liang MD
BreakfastTable#20 (F) (R) (S)	Artificial Intelligence in Medicine and Education Josh Steinberg MD

Saturday, October 14, 2023
 12:00 pm – 2:00 pm
 Ballroom B, 5th Floor



Clinical Camp Tables

Clinical Camp Tables Session #1: October 14, 2023, from 12:00 pm to 12:45 pm

Table #	Topic	Name	Organization
Table #1	Suturing Techniques	Robert Monteleone MD	Saint Francis Family Medicine Residency Program
Table #2	Breastfeeding & Pumping	Laura Beth Chamberlain MD	University of Vermont Family Medicine Residency
Table #3	Present Your Best CV for the Match	Alysia Courtot Herzog MD	OhioHealth Grant Family Medicine
Table #4	Contraception	Caitlin Weber MD, MS, IBCLC, FAAFP	The Institute for Family Health - Harlem Residency in Family Medicine
Table #5	Vaginal Delivery	Bradley Miller DO	Meritus Health

Clinical Camp Tables Session #2: October 14, 2023, from 1:15 pm to 2:00 pm

Table #	Topic	Name	Organization
Table #6	Circumcision	Kimberly Sharples MD	Middlesex Hospital Family Medicine Residency
Table #7	Shave and Punch Biopsies	Radeeb Akhtar MD, MPH, AAHIVS	Icahn School of Medicine at Mount Sinai, Downtown Family Medicine Residency Program
Table #8	Endometrial Biopsy	Pamela Vnenchak MD	Penn Medicine/Lancaster General Health Family Medicine Residency
Table #9	Colposcopy	Elizabeth E. Anderson MD	UPMC Williamsport Family Medicine Residency
Table #10	No Scalpel Vasectomies	Charles Hackett MD, FAAFP	Brown University

Breakfast Discussions
Clinical Camp Tables

- Poster01 (ADSU)** **Three Minutes is All You Need: Naloxone Distribution with Brief Overdose Education Engages Community Members at High Risk of Witnessing Overdose**
Kathryn Traub BA, Halle Sarkodie, Ashani Shah, Cynthia Santos MD
- Poster02 (ADSU)** **Do Prescription Stimulants Precede Overdose in Adults?**
Elizabeth Bolt BS, Wen-Jan Tuan DHA, MS, MPH
- Poster03 (ADSU)** **The Epidemic of Substance Use Disorder in Penobscot County, Maine**
Morganne Robinson BS
- Poster04 (ADSU)** **Addiction Medicine Curriculum in Medical School Education: A Narrative Review**
Vasav Chodisetty BS
- Poster05 (ADSU) (F) (S)** **Outcomes After Implementation of Addiction Medicine Course for Second Year Medical Students**
Rachel Caulkins MPH, Kayleigh Vanduzer, Anna Klunk MPH, Christopher Sutera MS
- Poster06 (CE)** **Promoting Health Literacy and Community Engagement: A Mobile Clinic Initiative in Partnership with Public Libraries**
Manvita Mareboina BS, Diana Orabuezw, Alex Koehl
- Poster07 (CE)** **Primary Care On-The-Go: A Summary of Mobile Health Clinics Offering Primary and Preventive Services in the US**
Julia Beatini BA, Mollie Williams MPH, DrPH
- Poster08 (CE)** **FEM: The Forum for Education on Menopause**
Drym Oh PharmD, Michelle Jeffery, Esther Kim, Sarah Oh PharmD, Betsy Mathew MD
- Poster09 (CE) (RM)** **A Novel Community Medicine Curriculum**
Kathleen Bannerman MD
- Poster10 (CE) (SDOH)** **A Medical-Legal Partnership Success as an Internal Medicine-Family Medicine Inter-Departmental Collaborative**
Shifra Mincer MD, Melissa J. Molongo MPH, Rebecca Russo, Mahala Schlagman MD
- Poster11 (COVID)** **Impact of COVID-19 on the Risk of Developing Severe Cutaneous Adverse Reactions Amongst Patients Taking Carbamazepine, Phenytoin, or Phenobarbital**
Elen Deng BS, Timothy J. Craig DO, Dinh Van Nguyen MD, PhD, Taha Al-Shaikhly MBChB
- Poster12 (COVID)** **New-Onset Atrial Fibrillation in COVID-19 Infection: A Case Report**
Amin ALMardini MD, Joseph McGinley DO
- Poster13 (COVID)** **Consequences of Occupational Stress Among Health Care Providers During COVID-19**
Neha Ravi DO, Cameron Nienaber MD, Elizabeth Brondolo PhD, Gina Basello DO, Alan Roth DO
- Poster14 (COVID)** **Children and COVID-19: A Primary Care Perspective**
Samantha Roberts BS, Brooklynn Dille MS, Adrienne Stolfi PhD, Gregory Eberhart MD, John Pascoe MD, MPH
- Poster15 (COVID)** **Childhood Underinsurance During the Covid-19 Pandemic**
Brooklynn Dille MS, Samantha Roberts BS, Adrienne Stolfi PhD, Greg Eberhart MD, John Pascoe MD, MPH
- Poster16 (DMCC)** **Optimizing Medical Interpreter Use in the Outpatient Setting**
Evelyn Darden BA, Annika Daya BS, MPH, Alaina Demalis BS, Micheal Healy BS, Radhika Sood BS

- Poster17 (DMCC)** **Resident Physician Confidence in Evidence Based Management of Asthma, Project Breathe NY: A Longitudinal Study**
Perla Pineda MD, Carlos Herrera MD, Nicole Elizabeth Delgado-Salisbury EdD
- Poster18 (DMCC)** **How A Simple Test Identifies a Strange Illness**
Hadra Habib MD
- Poster19 (DMCC)** **Amlodipine Induced Gingival Overgrowth**
Damilola Adesanya MD, Alla Akivis MD
- Poster20 (DMCC)** **The Benefits of Exercise on Inflammatory Myopathies: A Systematic Review**
Pavit Suri BS
- Poster21 (DMCC)** **Holistic Care for Patients with Cognitive Disabilities: Lessons Drawn From Case Study and Literature**
Joo Kim DO Candidate, Nandhini Veeraraghavan MD, Majed Dayoub MD
- Poster22 (DMCC)** **Comotio Cordis in Sports**
Kamilla Beisenova BBA, Jonathan Daniel BS, Nathan Nuengchana BA, Paul Mast, Geoffrey McCullen MD, MS
- Poster23 (DMCC)** **An Unexpected Case of Lisinopril-Associated Severe Hyponatremia**
Amin ALMardini MD, Brittany Cataldo DO, Felicia Heath MD
- Poster24 (DMCC)** **Stakeholders' Perspective on Unmet Needs of Phantom Pain Management**
Manvita Mareboina BS, Daniel Bastian, Thiru M. Annaswamy, MD, MA, FAAPMR
- Poster25 (DMCC)** **Is Persistent Cellulitis a Sign of Osteomyelitis? A Case Report**
Amin ALMardini MD, Allincia Michaud MD, Matthew Johnson DO
- Poster26 (DMCC)** **Pardon My Language: The Curious Case of a Bloody Sandwich and JC Virus Reactivation in The Era of IMiD's**
Francis Guerra-Bauman MD, Asfandyar Latif MD, Akindele Aluko MD, Jason Assalita DO
- Poster27 (DMCC)** **Isolated Elevated Alkaline Phosphatase in a 1-Year Old Child**
Kate Kelley MD, MPH, Daniella Caudle MD
- Poster28 (DMCC)** **Unusual Cause of Nausea, Vomiting, and Abdominal Pain**
Kate Kelley MD, MPH, Daniella Caudle MD
- Poster29 (DMCC)** **Interstitial Cystitis in a 10-Year-Old Girl: A Case Report**
Pranali Kerkar MBBS, Gloria Bachmann MD, MMS, Juana Hutchinson-Colas MD, MBA
- Poster30 (DMCC)** **Blue Toe Syndrome**
Sravanthi Kubireddi MD, Quinn Harrigan BA
- Poster31 (DMCC)** **The Clot Thickens**
Stacey Nickoloff DO, Christina Jung MD, Lauren Hibsichman DO, Margot Penn DO, Ashley Dubos DO
- Poster32 (DMCC)** **Analysis for No-Show Visits Among Patients Managed by FCM PCP**
Ashley Weems, BS, Wen-Jan Tuan DHA, MS, MPH, Shou Ling Leong MD
- Poster33 (DMCC)** **Myocarditis in SARS-CoV-2: A Meta-Analysis**
Ranel Thaker MS, Sierra Derti MS3
- Poster34 (DMCC)** **A Case Report of Thyrotoxic Periodic Paralysis: Integrating Outpatient Prevention with Critical Care Management**
Guosheng Wang BA, Aarthi Sridhar BS, Lesley Santos BS, Vandan Patel BS, Christina Johnson Skariah DO

- Poster35 (DMCC)** **Shared Decision Making in Prostate Cancer Screenings**
Katrina Bakhl BA, Christa Wilk BA, BS
- Poster36 (DMCC)** **Standardizing Protocols to Reduce Length of Clinic Visits**
Maham Alvi BB, Master of Leadership in HSS, Joseph Kessler, Camille Muakkassa, Luis Pozo, Meghana Chalasani
- Poster37 (RESQI)** **A Novel Collaboration Between Medical and Dental Providers: Identification of Gaps in HPV Vaccination Status**
Anna Derian MD, Jessica Brennan BS, Biju Babu MD, Gregory Dobash MD, Steven Picozzo MD
- Poster38 (DMCC)** **Considerations for the Advancing American Kidney Health Initiative: Patient Characteristics and Accessibility of Home Dialysis Modalities**
Sai Kurapati MS, Richard Cottiero MD
- Poster39 (DMCC)** **Predicting the Effect of Personal, Health System, and Geosocial Factors on Nonadherence to Breast Cancer Screening in Family Medicine Clinics**
Carly Brogan, Wen-Jan Tuan PhD
- Poster40 (DMCC)** **A Coronary Calcium Score of 2,313: Follow the Numbers or Follow the Patient?**
Sufyan Ahmad DO, Winson George PhD, DO
- Poster41 (DMCC)** **What's New in GINA 2022? Implementing Practice Education to Decrease Asthma Related ED visits**
Kristine Joy Armada MD, Damilola Adesanya MD, Hannah Gerdes MD, Sarah Leventer MD, Victoria Pierre-Louis MD
- Poster42 (DMCC)** **Use OF FIB 4 FIRST: Increasing the Identification of NAFLD in Patients with Type 2 Diabetes Mellitus**
Caterine Bautista MD, Catherine Fernandez MD, Rodika Coloka-Kump DO, Peter Wayne MD
- Poster43 (DMCC)** **Impact of Team Based Model of Care on Diabetes Quality Measures**
Saniya Niazi MD, Stewart-Lynch Autumn Pharm D, BCACP, BC-ADM, Vivian Di Pharm D Candidate
- Poster44 (DMCC)** **Understanding Patient and Health Care Provider Perceptions of Barriers and Facilitators to Diabetes Care in Immigrant and Refugee Populations**
Michael Healy BS
- Poster45 (DMCC)** **Diabetic Patient Education**
Erik Lamb BS, John Boltri MD
- Poster46 (DMCC)** **Insights and Experiences of Coaches and Personnel in the Diabetes Prevention Program**
Manvita Mareboina BS, Sai Kurapati MS
- Poster47 (DMCC)** **SCOPES for Folks: Colorectal Screening Program to Address the Needs of At-risk Populations in Central PA**
Megan Mendez Miller DO, Jessica Parascando MPH, Maryknoll Linscott, Siddhartha Roy DrPH, Lauren (LJ) Van Scoy MD
- Poster48 (DMCC)** **Management of Dysmenorrhea with Complementary Alternative Medicine (CAM) Therapies**
Helen Ding BA, Emmanuella Kobara BA, Quinn Matos BA, Diana Badillo MD, Francis Faustino MD
- Poster49 (DMCC)** **Herpes Zoster Pericarditis Masquerading as Myocardial Infarction**
Nicole Price BS, Austin Fredrickson MD

- Poster50 (DMCC)** **Bell's Palsy Secondary to COVID-19 Infection**
Matthew Yu BS, Anna Virani MD, Shweta Akhouri MD
- Poster51 (DMCC)** **Looking for Love in All the Wrong Places: Misuse of Pornography in Individuals with Autism Spectrum Disorder**
Ethan Vo BS, Lin Miao Peters MPH, Carl Tyler MD, MSc
- Poster52 (DMCC)** **“You’re Allergic to What?” Understanding Female Progestogen Hypersensitivity, Diagnosis & Treatment**
Sasheenie Moodley PhD, MPH, BA, Susan Gray MD, Samantha Minnicozzi MD
- Poster53 (DMCC) (DEI)** **Social Support and Smoking in Older LGB Adults**
Brittney Calatayud BS, Jennifer Moss PhD, Christopher Wheldon PhD, MEd, MSPH
- Poster54 (DMCC) (NUTRI)** **Vitamin B12 Toxicity**
Hadra Habib MD
- Poster55 (DMCC) (NUTRI)** **Evaluating GLP-1 Agonist Use Among Patients with Diabetes and Obesity**
Danielle Marsh MD, Carbone Antonia PharmD
- Poster56 (DMCC) (NUTRI)** **Developing an Obesity Medicine Track in a Rural Family Medicine Residency**
Gayathri Gurumurthy MD, Gregory Dobash MD
- Poster57 (DMCC) (NUTRI)** **High School Athlete Nutrition Assessment and Intervention**
Brennan Dagle MD, Ivan Lazar DO, Lee Mancini MD, CAQSM, FAAFP, CSCS*D, CSN
- Poster58 (DMCC) (RESQI) (NUTRI)** **Obesity Management Resource Utilization in a Family Medicine Residency Office: A Quality Improvement Project to Push the Scales in the Right Direction**
Krista Burrige MD, Casey Gernovich DO, Kyle Berteau MD, Estelle Vincent MD, Matthew Steiner MD

Visit the Exhibits!

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Exhibit Location:

Ballroom Prefunction, 5th Floor

Exhibit Hours:

Friday, 3:00 pm – 5:30 pm

Saturday: 9:00 am – 5:00 pm

(Posters 59 - 113 and High School Posters)

- Poster59 (DEI)** **Using Latent Class Analysis to Examine Sociodemographic and Clinical Heterogeneity Among Restrained Patients**
Donna Smales MD, MPH
- Poster60 (DEI)** **Implementing Refugee and Humanitarian Parole Care within a Primary Care Clinic; Challenges and Transition of Care**
Henika Kaura MD, Sabba Sarwar MD, Peter Yang MD, Deborah Alfa MD, Ansa George MD
- Poster61 (DEI)** **Perception of Community Health Worker Efficacy at Improving Care in a Somali Refugee Patient Population**
Rachel Weger BS, Julia Zheng MD, Stella Winters MD
- Poster62 (SDOH) (DEI)** **Healthcare Disparities: Addressing Food Insecurity in a Community Health Center**
Rodika Coloka-Kump DO, Stephanie Earle MD, Nolene Whyte Francis MHA, Sonia Velez MD, JD
- Poster63 (DEI) (SDOH)** **So Far, So Close: Global Telemedicine in Chulucanas, Peru**
John Salsini-Tobias, Gabriel Estrada Sotomayor MD, Laila Folchini Pereira MD, Cullen Kisner MS1, Sofia Stewart MD, Ramon Vicencio MD, Robert Monteleone MD
- Poster64 (DEI) (SDOH) (NUTRI)** **Unhealthy Foods Featured in Syracuse Area Supermarkets Differing By Race and Income**
Joshua Steinberg MD
- Poster65 (F)** **Assessment of Providers and Medical Students' Knowledge, Confidence, and Intent to Use of Herbs and Spices to Replace Sodium, Sugar, and Saturated Fat in Cooking to Advance Patient Education**
Morgan Voulo BS, Alison Johnston BS, Travis Masterson MS, PhD, Michael Flanagan MD, Penny Kris-Etherton RD, PhD
- Poster66 (F)** **Branding Population Health: Integrating Population Health Thinking in Medical Education**
Kritika Sharma BA, Rachel Rosenberg MD, EDM
- Poster67 (F) (R) (S)** **Factors Impacting Missed Medical Appointments at an Urban, Family Medicine Clinic**
Joy Gullo BS, Timothy S. Lishnak MD, Kenia Mansilla-Rivera MD
- Poster68 (F) (R) (S)** **Derogatory Humor in the Clinical Setting: Student Perspectives**
Roshni Wani BS, Madeline Foo BS, Emily Marsico BS, Richa Sheth BS, Rachel Bracken PhD
- Poster69 (F) (R) (S)** **TikTok in the Lecture Hall: The Next Era of Medical Education?**
Abigail Isaac Biology BA, Rachel Rosenberg MD
- Poster70 (F) (R) (S)** **The Value of a Preclinical Mini-Preceptorship in Developmental Medicine**
Lauren Falcon BS, Lin Peters MPH, Carl Tyler MD, MSc
- Poster71 (F) (R) (S)** **Exploring Health Literacy: Contrasting Reading Levels with Healthcare Required Informed Consent Form**
Veronica Gonzalez MS, Erica Muñoz, Jenessa Short, Beatriz Lora, Courtney Christy
- Poster72 (F) (R) (S) (NUTRI)** **Intuitive Eating Education**
Nisha Jacob MD, Perla Pineda MD, Alexandra Kreitman MS, RD, Nicole Elizabeth Delgado-Salisbury EdD.
- Poster73 (F) (S)** **Perceptions of Medical Providers and Medical Students Regarding the Adoption and Implementation of Nutrition Educational Materials in a Family Medicine Clinic**
Alison Johnston BS, Morgan Voulo BS, Travis Masterson PhD, Michael Flanagan MD, Penny Kris-Etherton PhD
- Poster75 (F) (S)** **Designing a Student-Run Free Clinic Strategic Plan to Enhance Medical Student Education in Primary Care**
Swarnapali Keppetipola BS, Kellan Clausen BSN, Madeline Taskier MD

(Posters 59 - 113 and High School Posters)

- Poster76 (F) (S)** **Nudging Toward High Value Care: The Impact of a Student-Led High Value Care Interest**
Hailey Kindt BS, Olsen Samantha BS, Gitanjali Bhushan MS, Jill Stachowski BS,
Brian McGillen MD
- Poster77 (F) (S)** **Health Systems Science Curriculum at a Regional Medical School Campus**
Lauren Pomerantz BS, Mark Stephens MD, Amy DeWaters MD, Jan Qiu MD
- Poster78 (IM)** **Integrative Medicine for the "New" Family**
Hagar Fass-Goykhman MD, Carl Tyler MD, MSc
- Poster79 (IM)** **Analyzing the Scope of Integrative Medicine Knowledge, Practice, and Perceived Utility Among Family Medicine Physicians**
Pavit Suri BS, Aditya Bissoonauth MPH, MBA, Barbara Keber MD,
Tochi Iroku-Malize MD, MPH, MBA
- Poster80 (IM)** **Approaching Health Promotion Through the Lens of Lifestyle Medicine**
Carlie Hoffman DO, MS, Amishi Desai MD, Helena Winston MD, Sukanya Srinivasan MD,
Heather Mikes DO
- Poster81 (MCH)** **Cow Milk in My Breast Milk?**
Kristine Joy Armada MD, Regine Vincent MD, Alla Akivis MD
- Poster82 (MCH)** **The Metamorphosis of Gestation Diabetes to Diabetes Mellitus in the United States: A Narrative Review**
Momina Ayub MD, MPH
- Poster83 (MCH)** **Increasing Family Planning Intervention Rates at an Urban Clinic**
Alexander Cantu MD, James O'Shea MD, Omasiri Okogbulu-Wonodi MD, Brianna Moyer MD,
Anna Fetterolf MS
- Poster84 (MCH)** **Improving 4th Trimester Care Through Implementation of an Early Postpartum Visit**
Chiazam Omenyi BS, Carolyn Kirby MPH, Kayla Warren MPH, Stacy Bartlett MD
- Poster85 (MCH)** **Short interval pregnancy in Monroe County: A Retrospective Analysis of Sociodemographic and Geographical Characteristics**
Tori Valachovic BS
- Poster86 (MCH) (ADSU)** **Exploring Unintended Pregnancy Among Women with Opioid Use Disorder**
Kelley Harmon DO, Chukwuemeka Esomonu MD, Samantha Culver DO
- Poster87 (MCH) (MH)** **A Novel Program for Peripartum Depression in NJ: Reach Out and Stay Strong Essentials with Cognitive Behavioral Therapy: Implementation and Impact on Social Determinants of Health**
Katherine Cushman BS, Kanchi Chadha MD, Kimberly Murphy MD, Yeraz Markarian PhD,
Antonia Oladipo MD, MSCI
- Poster88 (MCH) (SDOH)** **Increasing the Utilization of Interpreter Services for Patients with Limited English Proficiency on a Labor and Delivery Unit**
Elizabeth Kane MD, Graciela Cando MD
- Poster89 (MH)** **Predicting the Onset of Cognitive Impairment**
Lewis Mehl-Madrona MD, PhD, Barbara Mainguy MA, MSW
- Poster90 (MH)** **Screening For Anxiety in a Primary Care Clinic: Examining the Utility and Feasibility of the GAD-2 and GAD-7**
Michael Thomas DO, Paul Bell PhD

(Posters 59 - 113 and High School Posters)

- Poster91 (PRO) (F)** **Don't Say 'Whoops' and Other Pearls for Teaching Procedures at the Bedside**
Rebecca Collins DO, MPH, FAAFP, CPE
- Poster92 (RESQI)** **Do Food Packaging Health Claims Correlate with Healthiness Or Mislead our Patients**
Claudia Heritage MS-4, Megan Lafferty MS-4, Shruti Venkatesh
- Poster93 (RESQI)** **Life After 80**
Grace Mascha BA, Priscilla Lee, Koffi Paul, Connor Moriarty, Lela Walter
- Poster94 (RESQI)** **No-Show No More: Reducing Missed Appointments in a Free Clinic through Quality Improvement**
Jessica Lee BS, BA, Leo Puhalla BS, Sara Lahti PhD, MPH, Sophia Vemulapalli BS, Hafsa Hassan BS
- Poster95 (RESQI)** **Transformation of Transition of Care**
Mary Puthiyamadam MD
- Poster96 (RESQI)** **Oral Health Topics and Articles in Primary Care Journals: A Bibliometric Review**
Sumayyah Akhtar BS, Judith Savageau MPH, Gregg Stevens MSLS, MST, Hugh Silk MD, MPH
- Poster97 (RESQI)** **A Retrospective Review of the Patient Population served by the LionCare Tyrone Student-Run Free Clinic in Pennsylvania**
Camille Moeckel BA, Sai Kurapatti BS, MS, Molly Stegman BA, Hannah Wilding BS, Tilicea Henry BS
- Poster98 (RESQI) (DMCC)** **Impact of Alcohol Sales at Football Stadium on Emergency Medical Services and Education**
Manvita Mareboina BS, Katrina Bakhl BS, Derek Barnett BS, Jason Gong BS
- Poster99 (RESQI) (DMCC)** **Implementation of a Patient Coordinator Role in a Student-Run Free Clinic to Increase Patient Access to External Specialty Services**
Gina Tubo BS, Monique Booher BA, Rana Youssef MMAS, Caleigh Rudolf, BS, Alicia Bond MD
- Poster100 (RESQI) (DEI)** **Understanding Barriers to Retaining Gender Diverse Patients: A Quality Improvement**
Christopher Bayston BA, MD-MSc
- Poster101 (RESQI) (DEI)** **The Use of Race Descriptors in Medical Exam Questions: A Quantitative and Qualitative Review of the Family Medicine ITE**
Mosope Fofah BA, Rachel Rosenberg MD
- Poster102 (RESQI) (F)** **PARTNER: Program Augmenting Resident Training for Needs in the Emotional Realm**
Olivai Stanforth BS, Paul Hershberger PhD, Stacy Flowers PsyD, Peter Reynolds MD, MBA, Angie Castle MA
- Poster103 (RM)** **Impact of Patient Characteristics on Presenting Conditions and Service Utilization at a Student-Run Free Clinic in Rural Pennsylvania**
Sai Kurapati MS, Molly Stegman BS, Camille Moeckel BA, Hannah Wilding, Tilicea Henry
- Poster104 (SDOH)** **Eat on SNAP Challenge: Food Insecurity Awareness and Education Week**
Molly Hurd BS, MS, Sarah Krumholz, Wendy Memishian, Krystal Ramos-Barrera
- Poster105 (SDOH)** **Population Health Dashboard: Improving Provider Efficiency**
Arthur Simon MD, Rodika Coloka-Kump DO
- Poster106 (SDOH)** **Street Medicine**
Kathleen Bannerman MD
- Poster107 (SDOH)** **Food Insecurity**
Jason Tucker MD, Kaitlin O'Malley MD

Poster Session 2

(Posters 59 - 113 and High School Posters)

- Poster108 (SDOH)** **Integrative Family Medicine Approach to Screening and Interventions for Social Determinants of Health: Food Insecurity, Financial Resource Strain, Transportation, and Intimate Partner Violence**
Tu Le DO, Gwendolyn Dericotte DO, Natalia Lapko MD, Renata Carneiro PhD, LMFT
- Poster109 (SDOH)** **Qualitative Insights into the Significance of Instrumental Social Support in Safeguarding Low-Income Urban Families from Material Hardship**
Camille Moeckel BA
- Poster110 (S) (CE)** **Establishing a Medical Professions Interest Group for High School Students: Pitfalls and Keys to Success**
Lamis Khalil MD, Paul Bell PhD
- Poster111 (S) (CE)** **Impact of Medical Student Co-Lead on SNAP-Education Cooking Matters**
Abigail Blake-Sheehy OMS-III, MPH
- Poster112 (WELL)** **Striving Towards Everyday Physical Activity (STEP)**
Taylor McClennen BA, Stacy Potts MD, MEd, Kristina Gracey MD, MPH
- Poster113 (WELL) (NM)** **Empathy Remains Stable for Medical Students: Do the Humanities Have an Effect?**
Sruthi Srinivasan BA, Elizabeth Cerceo MD, FACP, FHM, Jean-Sebastien Rachoin MD, MBA, Matthew Gentile EdD
- Poster HSO1 (S)** **Biotechnology and HOSA**
Min Lombardi
- Poster HSO2 (S)** **Sudden Cardiac Arrest, AEDs and Student Athletes**
Abigail Chatelle, Maggie Collins
- Poster HSO3 (S)** **Suicide Awareness**
Ella Werbecki, Samantha Duarte
- Poster HSO4 (S)** **Parkinson's Disease Awareness**
Brady Benedict-Smith, Sadie Robitaille
- Poster HSO5 (S)** **Mental Health Promotion**
Alana Modi, Teaghan Bristol, Anna Huang



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3rd Floor

EXHIBIT LEVEL

Residency Fair
Poster Session
FMEC Registration Desk



4th and 5th Floors

BALLROOM / MEETING LEVEL / ROTUNDA

